

Inspirational Czech Convention Bureau Monthly

Incentive adrenaline and sports activities





Incentive adrenaline and sports activities

South Moravia



03.10.2023 2

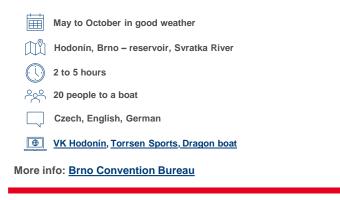
Dragon boats - in the same boat as your colleagues

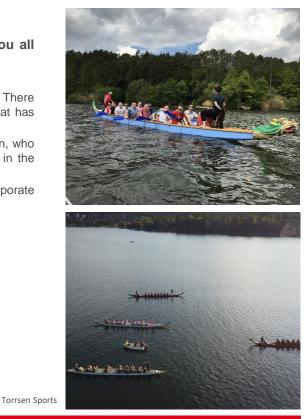
Dragon boats are the prototype of a team sport. You are all in the same boat and you all have to work together.

The helmsman stands at the rear of the boat and the drummer stands at the front and sets the rhythm. There are up to twenty people between them pulling on the oars. You can experience a taste of a sport that has gained enormous popularity in recent years, during an active day with your team.

You will be taken care of by experienced instructors and experts in sports marketing and communication, who will prepare a turn-key programme for you. You can compete to the rhythm of the drums, take part in the corporate league or simply go for a ride. Along the Svratka River or on the Brno Reservoir for instance.

Inspire your team spirit and discover the mystery of the legendary dragons during an action-packed corporate event!







Cave explorer

You can look forward to a 40-metre deep, secured cave cascade in the caves of the Moravian Karst, during which you will overcome numerous passages, chasms, chimneys, ladders and traverses.

First of all, you will be issued with a helmet and head-light, an overall and caving set and then you will start to descend into a world of darkness and silence with your guide. This activity is not dependant on the weather, there is no rain below-ground and the temperature is stable. You will find the speleoferata® in the very heart of the Moravian Karst, right by the entrance into the Punkevní Caves. The experienced guide will take a maximum of ten people into the cave at one time.

Do you feel as if you know your colleagues like the back of your hand? Test how well your team works in an underground world that requires respect. The cave via ferrata will test your physical and mental strength and leave you with a life-long experience.



More info: Brno Convention Bureau







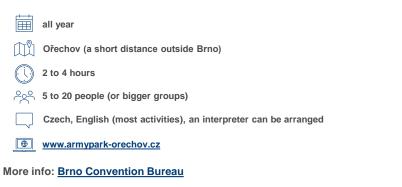
We'll play soldiers

Difficult in training, easy in battle. Send your team "into battle" and train for new challenges at work with your colleagues. You'll let off some steam and discover hidden abilities and strengths in yourselves and your colleagues here.

You can choose the right corporate programme according to the rank you aspire to. Private, warrant officer, captain, major or general? The increasing difficulty of the programmes reflects the rise in rank.

You will test your fitness and teamwork during archery, riding quad-bikes, overcoming an obstacle course, firing a machine gun or during a paintball fight. You will search for treasure using a mine-detector and try riding in land rovers or armoured transporters. "Training" takes place in the large natural complex in Ořechov or in a covered hall in the centre of Brno. The complex in Ořechov includes a military museum and Army bar, where you can enjoy hot meals, beer and non-alcoholic beverages.

A test of fitness and teamwork for all big boys and girls. That is exactly what you'll get at Armypark.





Army Park Ořechov



Through an exciting labyrinth of dark tunnels

There is a real dose of adrenaline waiting for you under the cobbled streets of the town known for its cucumbers and wine!

The Znojmo underground is not just any old cellar system. It is unique due to its size and also the adrenalinestyle tour circuits. In the beginning, each of the participants will pass through a test frame, to make sure that no-one will get stuck on this underground adventure. Count on getting dirty. You may have to bend your back or even get on your knees on occasion. You can expect to wade through water and mud and climb slippery steps.

After you successfully return from your adventure, you and your colleagues will be able to sit down in one of the pubs in Znojmo, let your adrenaline fade and share your impressions. It will be a real adventure! But you will take home a badge of courage and a perfectly tried and tested team!



More info: Brno Convention Bureau







A mine full of experiences

Are you looking for an unforgettable place for teambuilding or an entertaining day for your partners or employees? The world of mine sprites is not just a fairy-tale for children!

The Permonium® near Oslavany is a place where your colleagues will feel like real heroes and your clients like true experts! You can expect to take part in various activities in the complex of the former black-coal mine. From learning, through sports activities and adrenaline, to rest and relaxation. If you are very tired, you can even stay here for the night! Refreshments and catering are also available, including historic specialities. There are comfortable facilities with modern audio-visual equipment for the organisers.

Enjoy an active day using modern technologies. You will feel like heroes in a computer game. You will stretch your muscles and your brain and strengthen your team while you're doing so.



More info: Brno Convention Bureau







Incentive adrenaline and sports activities

Karlovy Vary Region



Rafts on the Ohře River

The Ohře River is rightly one of our most popular rivers among canoeists and rafters, because it passes through interesting, historic towns and past many castle ruins and observation points. As well as canoeists and rafters, it is also of interest to those who enjoy visiting monuments and hiking trips into the beautiful nature of the Karlovy Vary Region.

Clients can hire canoes, rafts and other essential equipment for paddling down the river safely and comfortably, on the banks of the river. Because the Ohře is suitable for trips lasting several days, there are a number of camping sites, camps and hotels on the banks, which also provide supplementary services.







 $\stackrel{\circ}{\sim}$ ideally groups of 60 people, participants will be divided into smaller groups in canoes/rafts



www.ohre.dronte.cz

More info: Carlsbad Convention Bureau







Plešivec Complex - adrenaline attractions

A place for fun, rest and new, unusual experiences in the fresh air of the Krušné Mountains. The adrenaline park is located on Plešivec Mountain. There are 9 attractions here and they will keep you occupied for the whole day. The surrounding area is just right for walks in the nature of the mining region of the Krušné mountains (Ersgebirge/Ore Mountains), which is registered as a UNESCO World Heritage Site.

You will find an extensive complex on Plešivec, with unlimited opportunities for entertainment. Two rope routes at the rope centre, a giant swing, which will take you 16 metres up into the air, free-fall or a bungee trampoline. You can also ride down the mountain on scooters, a bike, buggies or off-road quad-bikes or take a ride along some of the many kilometres of routes through the local landscape and in the park. Other groups can try shooting a bow and arrow or an air-rifle.

One of the summer attractions at the Plešivec Resort is the unique toboggan run. The new run allows a relaxed ride with a beautiful view of Abertamy and the surrounding area, or an adrenaline-fuelled ride at a maximum speed of 40 km/h.





More info: Carlsbad Convention Bureau

CzechTourism

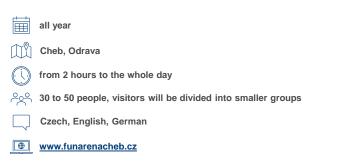


Kartarena - go-kart race circuit

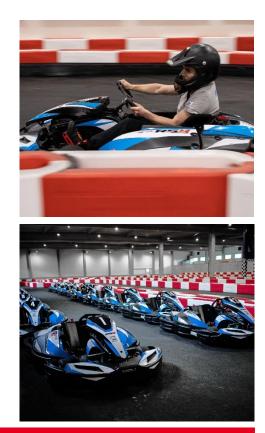
Kartarena Ypsilonka is the biggest and most modern specialised go-kart race circuit in the Czech Republic. The focal points are the tarmac race circuit built according to CIK-FIA World Automobile Federation requirements and the Super moto off-road track.

The complex includes an extensive main operating building, which offers a restaurant with a seating capacity of 80 and an observation terrace, accommodation capacities and a modern training centre.

The main circuit is currently 1,250 m long and 8 to 10 m wide. The fast left-hand turn, which banks in the opposite direction, the long right-hand turn which narrows at the end, and the adrenaline entrance to the starting straight in front of the spectator's terrace, are especially interesting sections. A starting light system and informational clock showing your driving time are installed on the starting straight. An active loop for connecting an electronic stop-watch and 2 magnetic loops for the Alfano metering system are installed in the circuit. The circuit has a capacity of 34 go-karts. There is a comfortable 380 m long off-road circuit for the super moto category and quad-bikes in the eastern part of the complex.



More info: Carlsbad Convention Bureau





Mushing through the Krušné Mountain landscape

The Eduard Complex is located between Neklid and Boží Dar in the Krušné Mountains and offers a wide range of activities. The offered activities range from classic Nordic walking and mountain biking, to archery, a climbing wall and even the unusual tokkel and adventurous mushing.

Visitors can expect to be introduced to the dogs first of all and will hear an interesting talk about the fascinating breed, the dogs will then be fed, they will be harnessed and hitched to the sledges/carts. You will be briefly instructed in the technique of driving and learn the basic commands. After you have returned from your trip, you will unhitch the dogs and remove their harnesses and finally praise your four-legged athletes and give them a treat.

You will drive the dog team for twenty to forty minutes; the entire programme lasts just over an hour. The ski complex also offers skijöring or cross-country skiing with one or two dogs.





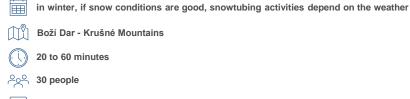
↑Live region



Snowtubing - crazy fun

A fast ride on inflatable rings through a frozen channel is attractive to all ages. Snowtubing is a popular attraction throughout the region.

You can find snowtubing opportunities in the Novako and Boží Dar complexes. As well as snowtubing, visitors can expect gentle slopes, modern lifts, ski and snowboarding schools. The ski-tow will tow visitors in an inflatable ring up the slope from which there is a beautiful view of the peak of Špičák Mountain and this is followed by a fun ride down the toboggan. The NOVAKO complex offers tailored events according to the clients' wishes, full competitions, entertainment and unforgettable experiences.



Czech, English, German

www.novako-ski.cz

More info: Carlsbad Convention Bureau







Incentive adrenaline and sports activities

Olomouc Region

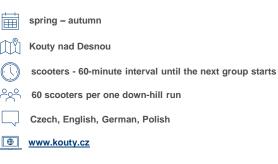


Kouty - an alpine sports, adrenaline and hiking centre

Are you getting ready to visit the Dlouhé stráně pumped storage power station and don't want to return along the same route? You have the option of hiring a scooter.

Scooters can be hired at the Helia Sport shop on the square in Kouty or right by the upper reservoir of the Dlouhé stráně power station. The route offers an unsurpassed sporting and landscape experience and is over 17 km long, leading from the upper reservoir, around the lower reservoir and then to the Kouty complex. Along the way, you can enjoy views of the tallest mountain in the Jeseník range and the highest point in the Czech Republic (the top of the transmitter on Praděd Mountain), observe the cliffs that the Jeseník Mountains boast (Vozka, Keprník, Petrovy kameny), the local technical sites of interest and other sites of interest that the landscape here offers.

This alpine sports, adrenaline and hiking centre also offers a Bike park, trails, a unique Balance park or the traditional treasure search game using a Garmin GPS device, which can be borrowed at the complex. You can also try the in-line track, which is at an altitude of 1,350 masl, on which you can combine exercise with views of the ridges of the Hrubý Jeseník Mountains on the 2.5 km circuit. There is also a disc-golf course and equipment can be borrowed at the complex. The complex also includes 2 bowling alleys. You can also hire mountain bikes and in-line skates.







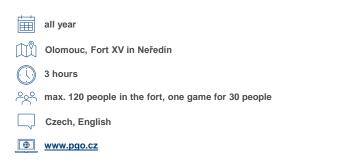
Unique paintball games in a fort in Olomouc

Do you enjoy historic team-building sites? You can expect to play paintball in a unique fort. Construction of the fort began in 1850 and it was completed in 1854. Artillery fire was conducted from the fort against the 2nd Prussian army on 15 July 1866. From 1866 until the second half of the 20th century, the fort served as a garrison and storage site.

Since the association was established in 2003, its goal has chiefly been promotion of the beauties of paintball, focusing on the general public and companies for whom it organises sports and social events.

You can play on an outdoor or indoor course. The outdoor course is built from military crates, in the style of a sports ground. The indoor course is built on two floors of the military fort. The ground-floor is lit, which allows teams to play after dark.

You can hire all the equipment and clothing and purchase paintball ammunition on site.







Baldovec - entertainment centre

The Baldovec recreational centre is located in the Moravian Karst. The centre is situated in the picturesque Bílá voda valley, surrounded by deep forest and untouched nature, and offers a wide range of sports, entertainment and relaxation activities. Popular sports activities include the rope centre and the 23-metre-tall mountaineering tower. There are also two multi-functional sports grounds with artificial grass and three beach volley-ball courts, or shooting activities such as paintball, archery and more.

The Camping Baldovec s.r.o. company has focused on the corporate training sector for a number of years. It also provides training, promotion, team-building, team-spirit, outdoor fun, sports days, evening entertainment and even high-quality relaxation services. Their motto is a personal approach, not only from the aspect of organisation of events, but also the course of the events themselves. Your intensive experience, joy and satisfaction are priority number one.

Visitors can enjoy resting and relaxing at the wellness centre, which offers a whirlpool, steam sauna, infra sauna, entertaining and massage showers, heated ceramic beds and a salt cave. You can then go visit the restaurant terrace and enjoy some of the local specialities to finish off your strenuous day.







Acrobat Park Štíty

This sports complex, owned by Salt Lake City Olympic winner 2002 Aleš Valenta, is located on the site of a former swimming complex. The complex was opened on 1 June 2002 and is open to the general public. It also meets the high standards of professional athletes.

Everyone can try safely jumping from a jump into the water like Aleš Valenta here. The jumps are intended for both skiers and snowboarders. There are also professional trampolines available. Other sports opportunities include beach volleyball, jumping into the water from a tower or petanque. The complex also offers accommodation and a wellness facility for relaxation.

All adrenaline activities afford an immense emotional adrenaline experience. Acrobat Park is the ideal place and destination for forming and uniting your team. The complex provides turn-key full-service, including catering, an elaborate programme and professional supervision.

The area around Acrobat Park is renowned among cycling enthusiasts and also ideal for hiking. Acrobat Park is located in an advantageous location for setting out on shorter and longer hikes into the centre of the Jeseník and Orlické Mountains.







Rychleby trails

The idea of the Rychleby trails came about in the spring of 2008. The unique terrain of the Sokolí peak massif, which forms the main panorama of Černá Voda and is located on the route to Jeseník spa, was ideal for creating a network of trails.

The landscape conditions are very different to the rest of the Rychleby Mountains or the Jeseník Mountains. The numerous granite boulders, cliffs, flooded quarries and deep beech forests all tempt visitors to go on a ride.

Training always begins at the skill-centre at the base. This is where you will learn how to control your bike correctly on the various obstacles. The instructor will then demonstrate the ideal track to take in specific locations and the participants will then try it themselves. You naturally receive feedback, information about what you are doing right and what you need to work on. A video-analysis on the trail itself is possible for this purpose.









Incentive adrenaline and sports activities

Pardubice Region



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An unusual military-style experience

Playing at soldiers is not just for children. At the military museum, you can try driving a combat vehicle yourself or learn more about the history, military exhibits and combat tactics.

You can take a ride in military vehicles, visit a military-historic event, and view many machines, weapons and other military exhibits. The museum is housed in a modern hall, which was built on the site of a former agricultural complex. The exhibit presents modern military history from the Great War (First World War) to the present. There are also adrenaline experiences available for more active visitors in the form of tank rides or demonstrations of other military vehicles in the tank training ground.

- 峀
- museum all year, tank training ground from 24 April to 23 September, rides by arrangement or every last weekend of the month



- 2 hours all day
- ంది depending on the chosen activity, vehicle capacity 9 and 5 persons
- Czech, English
- www.armyfort.cz





Summer and winter adrenaline

Mountain biking, skis or off-road go-karts. Trails of various difficulty levels and the ski run offer entertainment for the entire day. You certainly won't be bored at Peklák.

Whether you're a fan of traditional or unusual sports, summer or winter, there is something for everyone here. The bike park in the centre of Česka Třebová will be enjoyed not only by experienced off-road cycling fans, but also beginners and recreational bikers. You will find over 22 km of trails here. Single-tracks with banked bends, interesting jumps and other elements. The hip hop jump simulator is a new service. If two wheels are not enough, try driving an off-road go-kart along the 800-metre-long ski run. And in winter, in good weather, you can try the ski run using more traditional methods - on skis. The ski-run has a height difference of 150 metres. The tow works for both bikes and skis in winter and summer.

- bike trails daily from 1 May to 31 October, winter season depending on the weather
 - Peklák Complex, Česká Třebová
 - depending on physical fitness and the size of the group
- depending on the chosen activity
- Czech
- www.peklak.cz





Wakeboarding and water skis at Seč

The Seč reservoir is the ideal location for fans of water sports and adrenaline. You can try water skiing, paddle boarding and wakeboarding here.

The wakeboarding and water ski Wake/Seč complex is located not far from the town of Seč. The complex is located in the beautiful landscape of the Železné Mountains Protected Landscape Area by the Seč water reservoir. If offers adrenaline activities in the form of several types of water sports, and also facilities for relaxation in a beautiful natural environment.

Complete beginners and experienced water sports athletes can try wakeboarding and water skiing here. The tow and ride can be adapted to the skills of each individual. There are high-quality floating obstacles - kicker and rail - available for more advanced riders. Their design allows for quick installation and adaptation of the route to the requirements and abilities of the riders. You can also try paddleboarding. The sports activities at the Seč reservoir complex are perfect for combining with social or business activities. The nearby congress hotel offers facilities for holding congresses, conferences and other social events.







60 minutes - group ride on water skis/wakeboarding, bigger groups for longer, whole day - if activities are combined

 $\stackrel{\circ}{\frown}$ depending on the chosen activity

- Czech, English
- www.wakearealy.cz

CzechTourism



Into the clouds? Not just the clouds!

Dolní Morava is a paradise for adrenaline junkies. A walk along the suspension bridge 95 metres above the ground, the trail in the clouds, the mammoth roller coaster and trails for cycling enthusiasts and skiers. All set in the beautiful landscape of the ridges of the Králický Snežník Mountains.

Dolní Morava offers an active experience in beautiful landscape. Walk across the longest pedestrian suspension bridge in the world and experience what it is like to take a walk 95m above the ground. You will be even closer to the sky if you take a walk along the trail in the clouds. You will ascend to an altitude of 1,116 masl, but if you want to keep your feet firmly on the ground, you can go for a bike ride in summer or go cross-country skiing in winter. And there will be no shortage of adrenaline either. The bike trail park offers 13 kilometres of trails of three various difficulties. There is something for beginners and for the most advanced and discerning riders.

Winter trails for skiers and snowboards also have several different variants, as well as many interesting elements and obstacles. You can try the cross run with racing gates, professional bends, undulating terrain and jumps, where you will feel like a professional ski competitor. Or you can choose the classic snowpark with a number of obstacles and jumps of various sizes.

Whether you visit in winter or summer, you will find adventure, adrenaline and relaxation in Dolní Morava. And after a day full of activities, you can try a wellness evening at one of the local hotels or dinner in one of the restaurants.

trail in the clouds, mammoth roller coaster and the Sky Bridge suspension bridge - all year; the Trail park is open from April, the ski complex and trails are open depending on the weather in winter



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Dolní Morava alpine resort

depending on the chosen activity

- groups from 15 people, must be reserved in advance
- Czech, English



www.dolnimorava.cz





A racer on the circuit

An unusual corporate event on a race circuit. Try racing hired go-karts or come and take your own vehicles and motorbikes for a ride.

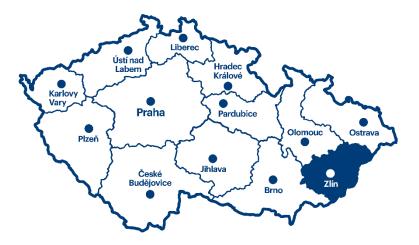
The race circuit in Vysoké Mýto offers exclusive hire of the complex for holding corporate and other social events. Fans of motorised vehicles will be delighted with the opportunity to drive a go-kart or try driving at racing speeds around the 1,500 m circuit. You can have the race circuit to yourselves and become a race driver for one day.

As well as an adrenaline experience in the form of motorsports, the complex also offers high-quality facilities in the form of a restaurant with a separate conference room for meetings with business partners or VIP guests. The complex offers arrangement of a tailored programme, including refreshments.









Incentive adrenaline and sports activities

Zlín Region

CzechTourism

Bat'a Canal - a unique water route

The Bat'a Canal was used to transport coal from the Hodonín region to Bat'a's factories in Zlín. Today, it is used by tourists, not the industrial sector. It can be travelled by boat or bicycle.

The Bat'a Canal is navigable in the Zlín Region from Otrokovice to Uherský Ostroh. The water route continues through the South Moravian Region to the Slovak town of Skalica. You can see a number of unique natural, spiritual, cultural and technical heritage sites along the way.

The Bata Canal can be navigated on a hired yacht, houseboat or, to make the trip more sporting and adrenaline fuelled, by kayak or canoe. The total time needed to travel along the whole of the Bata Canal by canoe is 13-18 hours, which takes 2-3 days, but you can also travel just part of the distance. Passing through the locks is a very interesting experience.



More info: East Moravia Convention Bureau

CzechTourism





A bird's eye view of the Zlín Region

Hot-air balloon flights are popular in East Moravia - in the Zlín Region. Břestek in the Uhersko Hradište region is the centre of this activity. Those of you who give in to the temptation of having a bird's eye view of the world will be delighted by the view of the transition between the Upper Moravian and Lower Moravian basin and of the diverse Slovácko region full of beautiful sights.

The advantage of a balloon flight in this location is the unique contrast between the lowlands around the Morava River (and Bat'a Canal) and the mountain ranges around the perimeter. There are the Chriby Mountains to the west, mysterious forested mountains with millennia of the traditions of Greater Moravia and the legacy of Cyril and Methodius. To the east, there are the undiscovered but beautiful White Carpathians, known for their natural wealth.

You can fly in a group of 5 to 6 people or in a larger group of 13 to 24. Gastronomic flights are a unique experience. The Balloon Centre in Břestek also has a significant advantage in the fact that it offers related services: a guest house and pub.





24 people Czech, English www.balony.eu

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all year, in good weather, must be no wind

Břestek, Uherské Hradiště region

More info: East Moravia Convention Bureau

60 minutes and more

The Wild West within reach

The Chřiby Resort includes the Kostelany Ranch. Visit us and find yourself in the Wild West, where you will become part of a Western. This naturally includes horses. So, whether you want to learn to ride horses, or just go for an individual ride, Kostelany Ranch is the right choice.

This adrenaline-filled and romantic activity is not a group activity, because there is no herd of mustangs at the Kostelany Ranch, which can all be saddled and ready for a ride at the same time. You can ride in groups of approx. 4 people at Kostelany, but larger groups can be accommodated over a period of one or two days. Kostelany Ranch also offers other attractions: a climbing wall, bowling or wellness facility. It is located in a beautiful natural landscape and outings and staying in the untouched nature of the Chřiby Mountains are the best benefits here in contrast to the urban environment.









Adventure at the shooting range

There is a shooting range in Jarohněvice not far from Kroměříž where you can try firing dozens of types of firearm. This experience in the Athens of the Hané region (as Kroměříž is also called) can be combined with other adrenaline activities - a sight-seeing flight in a small sports aircraft for instance.

According to the organisers, there are 400 firearms available. These include weapons that everyone would expect - guns, revolvers, shot-guns and sniper rifles - but you can also try assault rifles, sub-machine guns and even machine guns. Firing historic weapons is sure to be a unique experience.

Sports shooting is a distinctive and highly acknowledged sector, which has hundreds of thousands of supporters worldwide. The Czech Republic is a country with a great shooting tradition. This is also because the arms industry was and still is highly developed in this country. It is an excellent idea to combine shooting in Jarohněvice with a visit to the Česká zbrojovka arms factory in Uherský Brod, a leading, well-established manufacturer of hand-held firearms. The distance between these two destinations is 50 km and you can visit several technical sites of interest along the way.







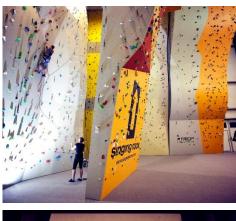
Vertikon-Singing Rock climbing wall

Třetí skoba pro Kocoura - the title of the legendary Czech film, which was filmed by the film studios in Zlín, is the name of the activity available at the Vertikon climbing centre. Vertikon offers an excellent experience in the very heart of the city.

Under the guidance of an instructor, a group of up to 20 people, divided into smaller groups of 5, will disperse around the hall for 60-90 minutes, during which time another group of 20 can spend a pleasant time in the coffee shop enjoying some refreshments for example. The groups will then switch. This means that a group of up to 40 participants can experience this adrenaline activity in one afternoon.



More info: East Moravia Convention Bureau

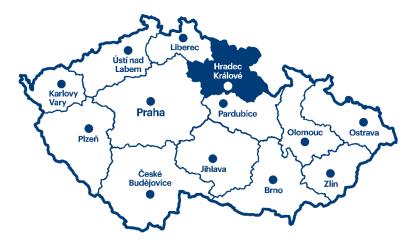




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Incentive adrenaline and sports activities

Hradec Králové Region



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Have you tried the trails?

Nearly 40 km of one-way off-road trails for mountain bikes, of various difficulties, are ready for you in the area around Trutnov at the site of Čížkovské kameny and Jestřebí Mountains.

The trail routes are designed to be interesting for all categories of cyclist. As well as the extensive range of different trails, visitors will also be captivated by the landscape in which the trails are located. You will see cliffs, forests, meadows and pastures.

The completed trails are suitable for beginners, for advanced and professional cyclists. There is also a separate trail for women. We can look forward to up to 60 km of trails here in the future.

- 1 April to 31 October (or by individual arrangement)
- Trutnov



- depending on physical fitness and the size of the group, half-day or all day possible
- 2° 40 people (if the participants have their own bikes), 25 people (if they will be borrowing bikes)
- Czech, English
- www.trutnovtrails.cz





Try how well you can keep your balance on the water

Where else should you unite a group than on the water? And where else but on the slowmoving Orlice River, which is also suitable for complete beginners. Try how well you can keep your balance and paddle on a paddle board or in a canoe all the way to Hradec Králové.

The Orlice River retains its meandering character all the way through the section from Krňovice to Hradec Králove. This ensures a peaceful trip for future fans of paddleboarding or canoeing. As well as navigating the river by boat, you can also enjoy some water fun, which will be appreciated especially in the hot summer weather.

You can enhance your trip down the river before starting with a visit to the Podorlický open-air museum in Krňovice, the only museum of this type in the entire region. And, at the end of the route, you can take the opportunity to visit the Fun Water Park and Silesian Lido.

May to September



Krňovice – Hradec Králové

- 4 to 6 hours (depending on the competence of the group)
- up to 100 people (not all of them can start down the river at the same time), there are 100 paddle boards and 50 canoes available for hire



www.sup-pardubice.cz



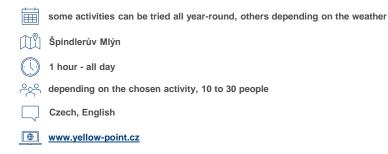


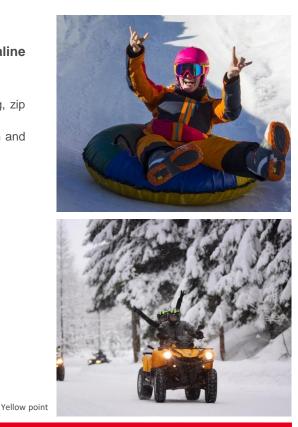
Adrenaline-fuelled Špindlerův Mlýn

One of the best-known mountain centres in the Czech Republic offers sports and adrenaline adventures, not only for corporate clientèle, in summer and in winter.

In summer activities range from hiking, the aquapark, adventure park, the popular paintball, giant swing, zip line, quad-bikes, scooters and bikes, to abseiling, aquazorbing, archery, rafting or a flight on an auto-gyro. In winter, activities range from skiing, cross-country skiing, ski mountaineering, mushing, the sledge run and snowtubing, to quad-bikes on the snow.

You can try and experience all this in Špindlerův Mlýn.







Golf in summer, cross-country skis in winter

Whether you enjoy hiking, cycling, golf, horse-riding, cross-country or down-hill skiing, you will find everything you need in this hotel with a view of the tallest mountain range in the Czech Republic - the Krkonoše Mountains.

The Mladé Buky PAR 70 golf course offers not only a view of this beautiful panorama, but also the experience of the game itself. You can look forward to a mix of variously designed holes and different game situations. Whether you decide to spend a pleasant time with your colleagues or wish to hold a golf tournament, you can be assured that you will truly enjoy a game at Mladé Buky.

In winter, you can look forward to a groomed cross-country skiing trail, which begins and ends at the hotel's terrace. The entire circuit is about 5 km long and is groomed for classic and skating styles.

golf in the summer months, cross-country skiing in the winter (depending on the snow cover)
 Mladé Buky
 golf 2 to 5 hours (depending on the competence of the players), cross-country skiing approx. 1 hour
 golf academy max. 30 people (2 trainers available), cross-country skiing not limited (no instructor available)
 golf: Czech, English, Polish, Russian
 www.grundresort.cz



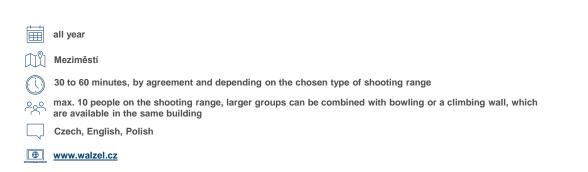


Shoot your way to an exciting experience

The most modern covered shooting range complex in Central Europe including a weapons shop. The opportunity to fire short and long weapons. Hitcom projection system used to train the German armed forces. Real self-defence training to defend against an active shooter. Shooting for everyone, even without a firearms licence, under the guidance of experienced instructors.

The shooting range for short weapons has four shooting lanes equipped with computer-controlled PIT SHOOTING target systems. This system allows you to fire at static and moving targets at distances from 5 to 25m.

The projection shooting range is equipped with a HITCOM target system, which allows you to fire live rounds. This system contains a large number of shooting programmes, which allow basic firearms training and also training in self-defensive shooting using special branching videos, which were used to train members of the armed forces.



More info: Hradec Králové Region Convention Bureau





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Incentive adrenaline and sports activities

Liberec Region



Harrachov upside down

Harrachov Television Tower, ski jump complex K120 and K180

The only freestyle bungee jumping in the Czech Republic and in Europe, where you can jump whatever the weather, on any day of the year - experience the adrenaline in the alpine town of Harrachov in the Krkonoše Mountains.

Jumps are made from the Television Tower for the judges by the ski jumps, the structure of which rises to 36 metres and is located a total of 145 metres above the town. Visitors who are interested in an unusual experience can choose from several types of jump, from normal jump to tandem jump, with a snowboard or bigfoot in winter. On-site lecturers will teach you how to jump a forward or backward somersault if you are interested.

For a life-long memory of your adrenaline experience, you can order a DVD of your jump and enjoy your unforgettable experience again and again. Bungee jumping is possible for people weighing from 40 to 130 kg at Harrachov. The stated maximum weight also applies for tandem jumps.

Overcoming your fear and jumping into the unknown requires courage and is the ideal opportunity to support each other as a team. Bungee jumping at Harrachov is number one in Europe and only New Zealand is better on a worldwide scale. If you don't want to travel to the other end of the world for an adrenaline-fuelled experience, then jumping from the Television Tower is your best option.





CzechTourism

all year, in any weather

single or tandem jumps

www.bungee-harrachov.cz

at least 2 hours

Czech, English

More info: Liberec Region

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Adrenaline in your own hands

The ideal adrenaline experience for people who love driving fast is a visit to the Sosnová race circuit, which is located approximately 2 km to the south of Česká Lípa. The racing complex originated in 1977 and offers a 1.6 km long circuit, which is up to twelve metres wide in places. This site, which is renowned for the wide range of different races, events and competitions held here, also offers its facilities to the public. Trained instructors hold safe driving courses, as well as adrenaline experiences in the form of driving sports vehicles or go-karts here.

For those who love adrenaline in their blood, the organisers can arrange a drive in a Ford Fiesta or Škoda Fabia racing vehicle or a ride with a professional driver in a Subaru WRX STI or Škoda Fabia RS for an even more intensive experience. Visitors who don't enjoy fast cars can take a ride in one of the available retrovehicles, such as a Favorit or Praha V35. The extensive range of vehicles includes the option of taking a ride on off-road quad-bikes, buggies or go-karts.

The Sosnová race circuit is designed for both individuals and groups and offers the facilities of a race circuit or arrangement of a tailored programme for corporate events. Our own catering facilities with the option of use all year-round, assures our visitors' high comfort outside the race arena. There are catering and seminar facilities with a capacity ranging from 30 to 150 seats for holding corporate seminars or conferences. The air-conditioned salon with a view of the race circuit can be used for private meetings or VIP gatherings.







Unrestrained on the water

From May to September, fans of water sports have the unique opportunity to experience adrenaline on water skis or a wakeboard in one of two complexes - Wake Sport Park in Česká Lípa or Cable Wake Park at Stráž pod Ralskem.

Both attractions offer the opportunity for exciting fun with a water tow, which allows a wild ride over obstacles at up to 30 km/h. The opportunity to ride water skis or a wakeboard is intended for both more advanced riders and for those who are trying this adrenaline-fuelled activity for the first time. At the park in Ralsko you can also try the large water tow, which allows a group of up to 8 to ride.

Both complexes also offer visitors accompanying activities, such as mini-golf, paddleboarding or beach volleyball. If you are interested in staying for longer, you can find accommodation at the local camps.

There are hire facilities available at both sites, which will provide visitors with water skis, wakeboards and also vests, helmets and neoprene suits. For corporate events, the Wake Sport Park in Česká Lípa can also arrange an accompanying programme to the tow with an instructor - refreshments, barbecue and music programme.







Take a seat and let her rip

The Liberec Region is a paradise of toboggan runs, which offer a unique opportunity to get the blood flowing. One of these is the toboggan run, which started operating in 2004 in the traditional centre of the west Krkonoše Mountains, in Harrachov. The thousand-metre-long run is only 400 m from the centre of the town and is the first of its type to be heated along its entire length. This solution has significantly increased the quality of operation following rain or snow, when the run dries out quickly and can also be used in poor weather. This means that everyone can enjoy their dose of adrenaline any day of the year.

The toboggan run in Janov nad Nisou is unforgettable and is certainly worth trying. The carousel, which turns the toboggan through 450°, is its unique feature. The run is 900m long and has a height difference of 78m. The toboggan run also offers visitors a restaurant, where various corporate events can be held.

The Obří sud Javorník toboggan run was built four years later in the complex in Jeřmanice. This complex is unique due to the fact that it is one of the longest pipe toboggan runs in the Czech Republic and is 1,100 m long. This means you can enjoy viewing the landscape around you at a speed of up to 45 km/h for over one kilometre.





More info: Liberec Region

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all year, in good weather

Czech, English, German

at least 1 hour

Harrachov, Janov nad Nisou, Obří sud Javorník

www.areal-obrisud.cz, www.bobovka.cz, www.bobovadrahajizerky.cz

two-seat toboggans, rides in groups

A touch of nature in paradise

The Liberec Region is one of the few places to offer a unique form of adrenaline - climbing the cliffs in the Bohemian Paradise. Thanks to the presence of unique cliff formations, sports enthusiasts have the opportunity to try them personally.

There are over 400 towers in the Hrubé skály climbing area, some of which are up to 55 m tall. The cliff towers are often located near each other, so climbers can move from one to the other while secured to a rope. Some of the best-known cliffs are Blatník, Maják, Zlatá vyhlídka or Dračí zub. However, visitors must be considerate of nature and if the surface is damp or wet, climbing the towers is prohibited because this could damage them. The so-called Skalák combines a sports experience with a touch of nature and is a unique experience, which will absorb both experienced climbers and visitors who are visiting the local paradise for the first time.

The Vodní brána via ferrata by Semily, which is the first via ferrata in the Czech Republic, is an attractive climbing location for those who wish to experience a real injection of adrenaline. This is a public trail located above the valley of the Jizera River and consists of three routes of various difficulty. The most difficult sections have steel cables, which are also used to secure the climbers. It is unique because this is a circular ferrata and offers an unusual descent along the side of the cliff. There are instructors available, who can arrange a team-building programme and make colleagues into partners who will all pull together.



April to October in good weather (no rain)

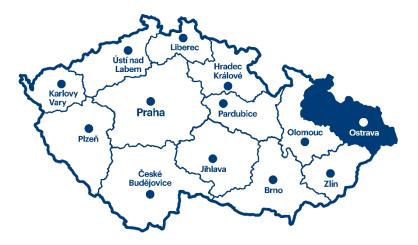
- (TTP)
- Via Ferrata Vodní brána u Semil, Hruboskalsko
- at least 3 hours
- climbing in groups of 5 to 8 people
- Czech, English

www.vodni-brana.cz, www.hruboskalsko.cz

More info: Liberec Region







Incentive adrenaline and sports activities

Moravian-Silesian Region



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Adrenaline with a purpose

Do you enjoy adrenaline and speed? Do you want to learn how to control your car in any crisis situation? Experience something exceptional and allow your work team or colleagues to experience a corporate event with a purpose. Visit one of the biggest adventure centres in the Czech Republic.

At LIBROS you can combine adventure with education or simply go for the experience and let the adrenaline flood your senses.

Group off-road rides on the technical-terrain polygon, Plastic DRIFT school, group instruction in fun drifting using special technologies, off-road driving with race specials for the Truck Trial, Hummer H2 - this is just a small list of what you can experience at LIBROS.

Simply choose the right adrenaline adventure and go for it!

- year-round activities, specialised activities for the specific season
- Ostrava Přívoz
- depending on the chosen activity (2.5 to 6 hours or more)
- 2° groups depending on size: up to 30 people, 31 to 80 people, over 80 people
- Czech, English, Polish
- www.zazitkylibros.cz

More info: Ostrava Convention Bureau







With your head in the clouds

smaller groups of 3 people in an aircraft, tours of the airport for larger groups

"As soon as you try flying, you will always walk with your eyes towards the sky, because you have been there and will always wish to return." Leonardo da Vinci

Don't tie your events to the ground, give them wings. Enjoy a bird's eye view of the Beskyd Mountains (and not just them). A group programme can be planned in the beautiful surroundings of the eastern-most airport in the Czech Republic, in Frýdlant nad Ostravicí, which forms the notional gate into the Beskyd Mountain range along with the town. Sight-seeing flights over the mountains are breathtaking.

And when you are not in the clouds, you can enjoy some refreshments at the airport pub, sit on the observation terrace and observe the airport in operation without any interruption.







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in good weather

by arrangement

Czech, English

Frýdlant nad Ostravicí

www.akfrydlant.cz, www.lkza.cz

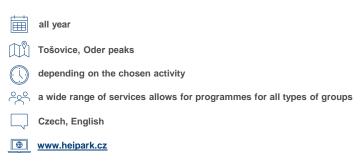
More info: Ostrava Convention Bureau

"Fun and games" at HEIPARK

HEIPARK Tošovice is a complex full of "fun and games". For those not from Ostrava: full of entertainment, rest and relaxation in the middle of the beautiful landscape of the Oder peaks. An attractive location suitable for corporate and private events.

HEIPARK started operation with skiing in 2001 on the first artificial ski run in the Czech Republic and created a popular location in the Moravian-Silesian Region full of year-round entertainment and gastronomic services within several years.

We would need a lot of space to list all the "fun and games" available at HEIPARK, so just to give you an idea: beach volleyball, archery, golf, toboggan run, ski runs, cross-country skiing and also a GOLF and BIKE park. Accommodation and restaurants on site, tailored catering.



More info: Ostrava Convention Bureau





Adventure, adrenaline and virtual reality

A combination of entertainment, sports and adrenaline is available with activities at Laser Game Dubnice. Come and enjoy some fun in a world we don't normally live in and take a trip into virtual reality.

The entire Laser game Dubnice complex for up to 40 people is available for group events. Simply choose from a laser game, laser sniper or virtual reality programme or all at the same time.

In virtual reality you will enter a world you have not dreamt of, into a world where you won't be cold in winter, where you will dive into the depths of the sea without a diving course.

You will play a laser game in an arena of 350 m², full of dark corners and obstacles. Laser game Dubnice is the first in the Czech Republic to have the most modern equipment for LaserMaxx EVO-6 games. The Laser spider is a realistic shooting simulator, which you can also use to play darts or tennis. There is also a meeting room in the arena and catering can also naturally be arranged.







FUNGOLF - the wind and rain won't stop your game here

Do you enjoy golf? Or would simply like to try it for the first time? Are you looking for some sports entertainment in relation to a corporate event? Then FunGolf is the "promised land" for you, because the grass on the greens remains green here all year-round.

Relaxing training for experienced golf-players, an exciting game for amateurs and group entertainment for an entire half-day. But that is not all at FunGolf. The newly renovated area of the so-called PARTY ROOM offers space for up to 60 people and can be used to hold golf tournaments, corporate training courses or parties or can be used to relax in a more peaceful environment after a game of golf. The Party Room has audio-visual equipment, table football, a Nintendo WII game console and a jukebox with karaoke option. The LaserSniper laser shooting range is a new addition. During corporate events, we can prepare your own beer tap and assure provision of a complete hot and cold buffet.



More info: Ostrava Convention Bureau

CzechTourism







Incentive adrenaline and sports activities

Pilsen Region



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Active relaxation at Šumava - Offpark Sušice

This outdoor centre offers adventure only! A nature park on the banks of the Otava River, a downhill run from the observation tower on Svatobor on off-road scooters, rafting on the Otava, paintball or in-line skate hire.

Offpark is the first outdoor leisure centre in Šumava, which offers a whole range of sports and light adrenaline activities. Adventure activities are concentrated and organised in the gateway to Šumava, the town of Sušice and its surrounding areas.

The Offpark outdoor centre is based on an organised experience under the guidance and supervision of experienced instructors. Outdoor in Šumava is a group event designed with the goal of providing a pleasant and interesting shared experience, which can be the means to reinforce team spirit and establish personal informal relations. Outdoor in Šumava is an event in motion, a light adrenaline activity, it's about surpassing your limits and excitement in the beautiful landscape of Šumava. The location is the royal town of Sušice, the gateway to Šumava on the gold-bearing Otava River.



April to October, November to March by arrangement
 Sušice, Šumava
 depending on the chosen activity
 depending on the chosen activity
 Czech, English
 www.offpark.cz
 More info: Pilsen Region

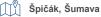


Skipark Špičák

The biggest ski resort on the Czech side of Šumava.

The biggest ski resort in the Plzeň Region currently offers 8.5 kilometres of ski runs, of which 88% are supplied with technical snow. Of the total 5 main runs, one is black, two are red and two are blue. The ski resort also includes a Freestyle Area snowpark. There is a special circuit prepared for cross-country skiers and there are dozens of kilometres of groomed trails for ski mountaineering enthusiasts in the surrounding area.





- depending on the chosen activity and the group's physical fitness
- $2 \simeq 2$ depending on the chosen activity



www.lyzovani.spicak.cz

More info: Pilsen Region





Bike X Zone Sušice

Its location makes Sušice, also called the "Gateway to Šumava", the ideal starting point for setting out along the beautiful natural trails in the surrounding area. Sušice is well-known in the world of off-road cycling thanks to the ENDURO x RACE competition and also offers unique facilities including all the accompanying infrastructure, such as hotels, restaurants, cycle servicing, shops and other sports grounds.

The entire area of the Otava River valley and the surrounding hills used to be inhabited by Celtic tribes in the past, which is why the local trails are sometimes called the Celtic trails. The most difficult trail, EPONA, is named after the Goddess of Celtic horse-riders. The red hiking trail, which ends at the top of Sedlo (902 masl), leads from Sušice to the EPONA trail, which then descends over a distance of more than 2 kilometres at an average gradient of 10%. This unique trail is also known from the ENDURO X RACE. Another 2 trails, Rocky I and Rocky II, lead from Rocký peak by Rok village and the final trail, Morigan, which was named after the Celtic goddess of war, offers a breath-taking experience during the final descent back into Sušice. The total length of the trail from Sedlo is 10 km, during which time the flow trail itself is approximately 6 km long.

In Sušice, bikers can also try the swimming pool, the climbing wall, the summer lido, skatepark, rope park, pumptrack or tarmac 6 km long cycle trail along the Otava River, which is also suitable for in-line skates.

Sušice and the surrounding area is a true paradise not only for bikers, but everyone who wants to enjoy a unique sporting experience.

| April - October |
|---|
| Sušice |
| depending on the chosen activity and the group's physical fitness |
| $\stackrel{\circ}{\sim} \stackrel{\circ}{\sim}$ depending on the number of bikes available at the hire facility |
| Czech |
| www.bikexzone.cz |
| More info: Pilsen Region |





Down the Otava River by raft

The slow current of a river without weirs or obstacles guarantees an intensive sightseeing experience by raft along the Otava River.

Next to the better-known Vltava River, the Otava is often unjustly neglected although it offers plenty of attractions and advantages to canoeists and rafters. The river is clean, flows pleasantly, has many passable weirs, and there is also no shortage of cultural heritage sites along it. You can expect an 8 km route ending with a beautiful view of the biggest castle ruin in our country, Rabí Castle. You also have the option of swimming at the river beaches and refreshments at pubs along the river.

in good weather, depending on the water level





depending on the length of the chosen route

- e⁰ Ideally groups of 30 to 40 people (divided into 4-seat and 6-seat rafts)
- Czech, English

More info: Pilsen Region





Špičák Bikepark

Enjoy some fun on downhill bikes in the best-known Czech bikepark.

Špičák is known for its trails of various difficulty, their shared natural character, flow and high fun factor. The Struggle downhill trail hosts the IXS European Downhill Cup and is one of the most technically difficult downhill trails. Both beginners and advanced riders will enjoy the Black Friday or Forest Virgin trails.





- depending on the chosen activity and the group's physical fitness
- depending on the cable lift, the cable lift will operate continuously for groups of at least 10 people



www.sumava.spicak.cz

More info: Pilsen Region



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Incentive adrenaline and sports activities

Prague

CzechTourism

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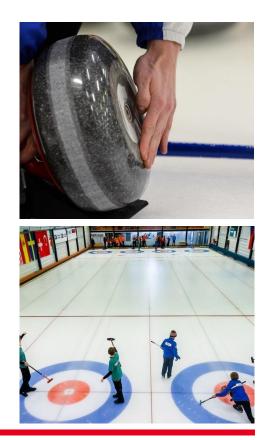
Unlimited fun on the ice - curling

The first and biggest curling hall in the Czech Republic is not just the venue of national competitions and major international tournaments! It also provides a venue for the entertainment of smaller and larger groups, and even for players who use wheelchairs, the opportunity to test your ability to concentrate, estimate distance, your strategic thinking and, most importantly, your team spirit.

A team sport, the purpose of which is for the players to slide their stones along the surface of the ice into the designated area, as accurately as possible - that is curling. The curling arena in Roztyly in Prague provides space for this activity for up to eight teams on four lanes at once. Every programme begins with an introduction to the game, training under the supervision of an instructor who is an extra-league or first-league player and then an actual game.

The sports activity includes provision of curling equipment for the players. The Curling Club restaurant with wheelchair access on the 1st floor of the Curling Arena, with a view of the curling lanes, provides catering for the players.







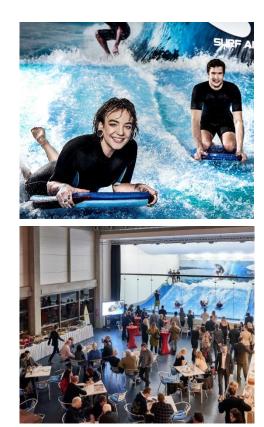
Riding the wave

The indoor surf simulator at the Surf Arena is an attraction combining sport with entertainment. First-class technology provides visitors with the surfing experience under the guidance of experienced instructors. In Letňany in Prague, far from the seas and oceans.

The entire sports experience under the guidance of an experienced instructor begins with some initial instruction - "dry training", continues with surfing on a board lying down, and participants can then try and enjoy other styles of surfing. Surfing lasts for approximately 2 hours. Neoprene suits and boards are naturally included and participants can also have their rides videoed.

For groups, Surf Arena also offers a multi-purpose hall with video and audio equipment, the option of catering, a coffee shop with terrace and free parking. The programme can also include additional sports (badminton, fencing) and social entertainment activities (music productions, virtual reality).





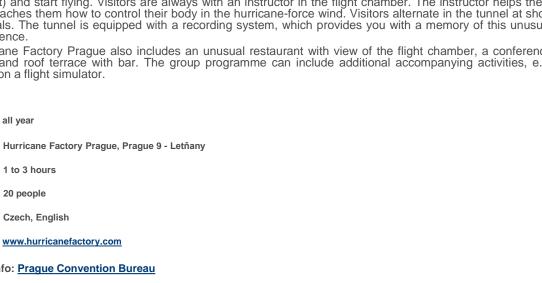


Racing the wind

Hurricane Factory Prague has the only wind tunnel in the Czech Republic, which provides the opportunity to try moving in a hurricane force wind. The air flows at a speed of up to 270 km/h in a glass flight chamber of a diameter of 4.3 metres and a total height of 14 m. However, visitors fly at a safe height and under constant supervision.

Each of the participants wanting to fly will first of all undergo brief instruction and become acquainted with the basic principles of flying in the wind tunnel. They are then equipped with everything they need (suit, goggles, helmet) and start flying. Visitors are always with an instructor in the flight chamber. The instructor helps them and teaches them how to control their body in the hurricane-force wind. Visitors alternate in the tunnel at short intervals. The tunnel is equipped with a recording system, which provides you with a memory of this unusual experience.

Hurricane Factory Prague also includes an unusual restaurant with view of the flight chamber, a conference room and roof terrace with bar. The group programme can include additional accompanying activities, e.g. flying on a flight simulator.







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all year

1 to 3 hours 20 people Czech, English

www.hurricanefactory.com

Wild water in the centre of Prague

Rafting is a thrilling, exciting, wet, natural and unbelievably entertaining sport. All the more so when this wild water is located in Troja in Prague, in a peaceful environment surrounded by vegetation, with a view of the cultural monuments of the city. The Troja water sports complex is a place where top athletes train and where prestigious world races are held, but smaller or larger groups interested in a shared sports experience can also enjoy it.

Before activities begin, the participants change in the cloakrooms and are equipped with the necessary equipment, after which they go to the water, where they are divided into crews and get into the rafts. On the water, the instructors briefly instruct them on safety and paddling techniques and they all try out the basic commands and team coordination. After this preparation, the crews and instructors can set out straight down the slalom channel to enjoy the best entertainment on the water - rafting in the slalom channel is much safer than rafting on a wild river.

The water sports complex includes a hotel with 44 beds, a restaurant and outdoor terrace. Additional sports activities at the complex are available on the calm water areas. There is also a climbing wall or indoor sports hall with outdoor grass playing field.





April - October

Czech, English

www.vodackyareal.cz

More info: Prague Convention Bureau

2.5 hours

Loděnice FTVS UK, Prague 7 – Troja

36 people, visitors will be divided into smaller groups

The biggest trampoline paradise

The biggest trampoline centre and jump arena in the Czech Republic is just the place for group sports! HOP Arena Praha is not just about "jumping" and offers 12 attractions, dozens of trampolines and unlimited fun. The art of trampoline jumping is certainly not just a solo event!

Visitors will find up to 53 trampolines across an area of 2,700m² at HOP Arena Praha. During the theoretical instruction and the practical part of the programme, instructors will explain basic acrobatic elements and teach them to the participants. All instruction is provided in a relaxed and fun manner. Members of the group can then develop their acrobatic skills.

In addition to the trampolines, there is also a foam sea, a jump ground, basketball, handball or dodgeball and a climbing wall. After having fun on the trampolines, the participants can enjoy some refreshments in the local HOPstro.









Incentive adrenaline and sports activities

South Bohemia



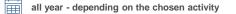
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A guide to the wilds of Sumava

Would you like to take a trip to Sumava and reinforce the team spirit? We can arrange an experience in the wilds of Šumava, after which you won't want to return home.

During these "trips into the wild" you will have the opportunity to see the homes of rare wild animals and plants and the places they live in free of the presence of humans. You will be accompanied by trained Sumava guides. Walks through the wilds of Šumava can be physically very strenuous. But the difficulty of the route can be modified by agreement.

Do you wish to try something other than walking? Šumava can also be explored on ski mountaineering skis, cross-country skis, by bike or on skates. Presentation areas and equipment can be arranged for the working part of your programme. We can also arrange bike hire and propose a route for your team. In the evening, you can try your skills on the climbing wall or enjoy some stretching during a group yoga class. All you need to do is choose.





- Šumava tourist area and ŠUMAVA
- depending on the chosen activity
- max. 20 people, visitors will be divided into smaller groups
- Czech, English

echTourism

More info: South Bohemia Convention Bureau





South Bohemian ferratas and cliff trails

Set out in search of adventure on the cliff trails of the via ferrata. You can choose a trail ranging from beginner level to extremely difficult in South Bohemia. All near South Bohemian gems such as Tábor, Hluboká, Bechyně or Český Krumlov.

The valley of the Lužnice River offers two ferratas - there is a trail for beginners below the fortifications of the historic town of Tábor, and one of the most difficult ferratas in the Czech Republic, with an overhang over the Lužnice River, at Bechyně. Both ferratas are connected by a path through the Lužnice valley, which is listed in the Leading Quality Trails Best of Europe. Groups can set out to the trails with a mountain guide, who operates within the Toulava Region and who will prepare a tailored programme.

You will even find a ferrata, with a beautiful view of a historic town boasting UNESCO registration, in Český Krumlov. There are actually three ferratas in the picturesque valley of the Vitava River not far from the Neo-Gothic Hluboká Château. You can reach them by bike or scooter along the trail, or by boat along the river. All sports equipment, including boats and ferrata sets, can be hired at info-centres or at the Hluboká sports relaxation centre. An accompanying programme, including accommodation or conference services, can also be arranged.







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in good weather

Czech, English

min. 2 hours (even all day)

More info: South Bohemia Convention Bureau

Tábor, Bechyně, Hluboká, Český Krumlov

depending on the chosen activity, participants will be divided into smaller groups

Around Klet' by scooter

It is practically your duty to ascend Klet' Mountain, with the oldest stone observation tower and legendary single-seat chair-lift when visiting South Bohemia. After ascending the mountain and enjoying an excellent lunch in the mountain chalet, you can enjoy an unusual "descent" - you can ride down the mountain on scooter. You can choose from three routes in the direction of Krumlov, Zlatá Koruna or Krasetín, which are all around 11 kilometres and lead through the beautiful nature of the protected landscape area of Blanský Forest.

You can reach Klet by several various methods, depending on how much time you have and your physical fitness: it is 8 kilometres by foot to the peak from the centre of Krumlov, or you can take the train to Holubov and then walk 3 km to Krasetín and take the chair-lift the rest of the way. If you have less time, you can drive to Krasetín and park at the car park by the chairlift. If you want to save even more time and energy, Koloběžky Kleť will take you from any end station to the peak by minibus.

On Klet', you will be loaned a scooter and helmet and receive the required instructions and a map. You will then return the scooter at the designated place at the end of your outing . Reservations in advance are an advantage, but not necessary.



CzechTourism

More info: South Bohemia Convention Bureau





Recharge at Lipno

Lipno Lake, which is also called the Czech Sea, is located in the fascinating nature of Šumava. Lipno, which is 42 km long with a developing modern infrastructure for congress tourism, is the ideal location for corporate events.

You will find the longest in-line skating routes and recreational cycle routes in Czechia in the area surrounding Lipno. Kilometres of tarmac trails, which are intended exclusively for skaters and cyclists, lead from Stožka to Lipno nad Vltavou. Do you wish to enjoy a bit of adrenaline on your bike? Try the flow trail routes, which anyone can manage. Do you want to reinforce the team spirit? Try a yacht, catamaran or dragon boat. You can enjoy Lipno on both land and water. The wide range of hire facilities for all the aforementioned sports will guarantee your satisfaction.

- spring, summer, autumn
- Lipno nad Vltavou
- by arrangement, half-day or several-day programme
- 2° depending on the chosen activity, smaller or larger groups
- Czech, English, German

More info: South Bohemia Convention Bureau



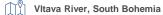


Rafting on the most popular Czech river

Move out of your comfort zone and travel down a section of the Vltava River by boat. The Vltava is a beautiful, quickly flowing, but safe river.

Take a raft or canoe through the valley below the picturesque Rožmberk Castle, through the historic centre of Krumlov or even just through the romantic canyon of the Vltava, from Zlatá Koruna to Boršov nad Vltavou. Enjoy a beautiful day full of fun.

May to September (you must reserve a date in time due to limited capacity)



- 1 to 3 days, depending on the chosen route
- وم ideally groups of 50 people (divided into 4-seat and 6-seat rafts)
- Czech, English

More info: South Bohemia Convention Bureau





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Incentive adrenaline and sports activities

Central Bohemia



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Fort Boyard on the Vltava River

Enjoy team building like never before! During a unique team game, you will test your teamspirit and enjoy fun and adrenaline, give your brain a workout and even sweat a little. TEPfactor is unusual entertainment for everyone who wants to experience an adventure and who is not afraid of teamwork. It will test your skills, strength, logical thinking and patience it won't be easy, but you will overcome every challenge with the right team.

TEPfactor Boyard is a game inspired by the Fort Boyard show! You can expect 25 challenging tasks in the corners of a pirate cave, which you will complete in teams of 2 to 5 people. You will be awarded one of 20 clues for each completed task, which will help you open four bonus rooms. You can complete the tasks in any order and you have unlimited attempts to do so. If you persevere, you will succeed in every task! Only real players, who complete all the tasks, can expect a reward. Only they will open the chest with the pirate gold! The only thing you need is courage, enthusiasm for the game and the right team.

You can also try other activities in the complex - Igloo Island, Water Cup, Flexi FUN, an encryption game on the water, a barbecue party on the water or multi-purpose catamaran.

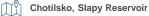
TEPfactor Water Cup is a completely new water contest, which takes place according to a precise schedule and rules. It is ideal for corporate events from 20 people or more. The goal is naturally to enjoy some real fun with friends and beat the other team in a water fight.







TEPfactor Boyard all year round, water contest in good weather



the game usually lasts 3 to 4 hours

the game has a capacity for up to 100 players, game teams consisting of 2 to 5 members, water activities from 20 people or more

Czech

www.tepfactor.cz



Milovice Tank Training Ground

Try riding in an infantry battle vehicle or T55 tank. You can ride in various military vehicles, drive, fire a machine gun, play paintball and much more.

The total area of the complex is 200 hectares: 46 hectares are full of off-road tracks, you will find military bases, a shooting range, over 30 military and off-road machines and vehicles there. All with professional facilities.

A roughly 1.8 km long, unique narrow-gauge railway track connecting Milovice Tank Training Ground with the Mirakulum children's entertainment park was opened in 2014. This is a copy of a military field track with a gauge of 760 mm. You can take a ride with one of the steam trains between both complexes for example. The train is only intended for visitors to Mirakulum Park, or by individual arrangement.



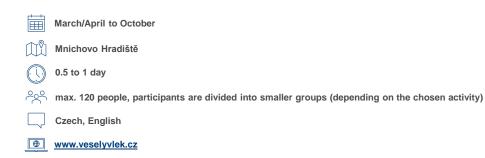


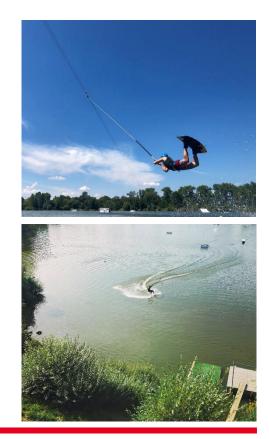


Wake park Mnichovo Hradiště

Water skiing and wakeboarding for everyone, all this and much more can be found in the outdoor water tow complex in Mnichovo Hradiště. It truly is much simpler than you would expect.

Four two-post water tows and six obstacles, everyone can enjoy water skiing or wakeboarding here, whether they are a beginner or advanced rider. You can try this new, dynamically developing water sport at the complex on boards by the Zezula snowboard company and there is also an experienced instructor available. There is also a slackline, outdoor fitness gym and paddleboards for hire at the complex. Refreshments with seating by the water with a view of the water tow track are ideal for relaxing after a strenuous day, and a barbecue can also be arranged. An accompanying programme can also be arranged, e.g. an exhibition by professional wakeboarders and more.







6 tons of gold within reach

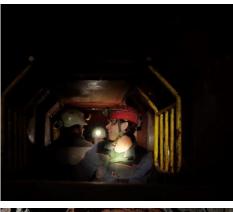
A tour of the gold mining reserve in Jílové, from going underground, to riding the underground train. There is an underground via ferrata in the Václav gallery in the highest cut, as one of the only ones in Central Europe to be open all year-round. Gold is always within reach here and the stores in this gallery are estimated at 6 tons at least. The Saint Wenceslas Crown was also made from this gold under the rule of Emperor Charles IV.

In the first 400 metres, visitors pass through a partially low and slanting tunnel, probably originating mostly from the 18th century, when tunnels were dug as expediently as possible. The following 500 metres of the route must be traversed over wooden bridges, which are attached at a height of 20 to 50 cm above water level. A mine train is used to transport visitors along the next section of the route, which is roughly 500 m long. Visitors will see the technical facilities, see a short film about gold mining in the Jílové region and view an exhibition of drilling equipment around the shaft of the historic Pepř pit.

In the pearl of the Jílové mines - the Šlojíř seam, visitors can see massive tunnelled spaces in areas where there was abundant gold ore, and also preserved columns containing gold ore. At the end of the route, you can try your luck and find a piece of ore, possibly containing gold.

| + + | | |
|-----|-----|------|
| ĦĦ | all | year |

- Jílové u Prahy, Václav Gallery, Žampach
- basic tour 2.5 hours, 4.5 hours with the underground via ferrata
- $^{
 m S}_{
 m S}$ 10 to 24 people in a group, we do not recommend that visitors weighing over 110 kg enter the mine
- Czech, English
- www.jilovskezlatedoly.cz





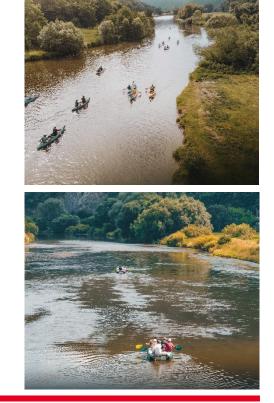


Anyone can easily navigate the Berounka River

The Berounka River can easily be called one of the most beautiful rivers in Bohemia. Due to its slow waters, the fact that it is navigable all year-round and the breathtaking scenery of the protected nature area of the Bohemian Karst and the Křivoklát region, the Berounka is a very popular river with canoeists. It can be navigated not just by experienced canoeists, but also by complete beginners.

There are several boat hire facilities on the river, which have enough equipment for groups. Navigating the river is the ideal way to relax and also an activity that everyone will enjoy. An outing on the river can last one afternoon, one day or you can extend it overnight. There are plenty of options.

The river canyon in the Beroun region forms magnificent scenery. Whether you decide to navigate the river in the Křivoklát region or the Bohemian Karst, you certainly won't regret it. In some places the river is a little livelier, in others it is slower, but there is something to admire everywhere. As well as the nature surrounding you, you will also see a number of castles and ruins above the river and will find refreshments in the camps on the banks.





www.berounsko.net

More info: Central Bohemia Convention Bureau





Incentive adrenaline and sports activities Ústí nad Labem Region



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The longest zipline in the Czech Republic

Experience some real adrenaline at the Klíny Sports Complex in the Krušné Mountains and take a ride at a height of 150 metres above the ground across the Šumenské valley. Secured to a pulley, you will ride along the steel cable and enjoy the breathtaking view of the Krušné Mountains and the Central Bohemian Highlands.

The Klíny zipline is the longest zipline in the Czech Republic, the 5th longest in Europe and the 20th longest in the world. You will start your ride at the Klíny Sports Complex across the Šumenské valley and travel the first 1,400 m to the hill opposite. From there, you will ride the cable another 800m back to the cable lift station, which will take you back up to the starting point. You can expect to ride the zipline for a total of 2.2 km. You will travel at speeds of up to 75km/hour in places.

The attraction is part of the Klíny sports complex, which offers a number of other activities. It is a ski resort with everything you need in winter, and in summer the ski runs transform into a bike part with toboggan run. The complex includes a rope park, bike and scooter hire and mini-golf. You will also find a multi-purpose sports hall with climbing wall.

The Emeran Hotel with wellness services, restaurant and its own brewery offers its facilities.

- Klíny complex all year, zipline May to September, any time by arrangement for more than 10 people
- Klíny in the Krušné Mountains
 - ride time on the 1st section is approx. 5 minutes, ride time on the 2nd section is approx. 3 minutes
- capacity 20 people per hour
- Czech, English, German
- www.kliny.cz





Discover the Elbe canyon by raft or paddleboard

The Bohemian Switzerland Nature Park, with the deepest sandstone canyon in Europe - the Elbe Canyon - begins just outside Děčín. During the trip you will enjoy a view of the cliff walls and towers of various shapes and will encounter herons on the banks of the river. For the trip back, you can get on a bike and enjoy a ride along the Elbe Trail.

You can expect a journey with magnificent views on which you can travel all the way across the border to Bad Schandau in Germany, a spa town with the vernacular architecture typical of Saxony and a café ambiance. Another option is to travel a route from Ústí nad Labem to Děčín, during which you will enjoy views of the green hills of the Central Bohemian Highlands. You can also expect a very pleasant stop in Velké Březno to taste the local Březňák beer.

- from spring autumn, in good weather
 - 3 hours
- ి 10 50 people, participants will be divided into raft crews, into canoes or individually on paddleboards
- Czech, English, German
- www.active-point.cz







In search of adventure and history in off-road vehicles through the Most coal mining region

Set out to explore the industrial landscape and history of North-west Bohemia. You will travel across the Kopist spoil tip in off-road vehicles, where nature has reclaimed everything that man took without asking, you will visit the ČSA quarry and see the legendary KU800 and RK5000 mining machines.

During your outing, you will see the brown-coal mining process live and find out many interesting things about mining traditions, the back-breaking work performed by miners and about the future. You can expect an imposing view of Jezeří Château above the edge of the brown-coal mine, a trip through the mine itself and through off-road sections over the spoil-tips. During your journey, you will be given a commentary through walkie-talkies and the purpose of this outing is not just to drive off-road, but also to find out more about the local landscape and understand it.

You can also travel routes to find out more about the history of the Second World War in the Most Region, a tour of the shelters, camps and shelter galleries or a night-time outing to visit mysterious sites in the Most Region.







A day full of adrenaline at the Most Race Circuit

Do you know your driving skills? Can you manage stressful and unusual situations, driving off-road or in wet weather? You can try all this and much more at the Most Race Circuit Complex. Corporate meetings here will become a unique experience.

Try practising skids on the hydraulic tilting track, water obstacles, the aquaplaning track or the quad-bike track. You can also treat yourself to a drive in a racing special, a ride in a go-kart or an F1 simulator. Taxi rides in racing specials or the digger park, where you can try driving a real construction machine, are also very popular.

Catering and training facilities can be arranged for all events.





2 to 8 hours

2ంగ్లి 10 to 100 participants divided into groups and sites

Czech, English, German

www.autodrom-most.cz





Overcoming the sandstone cliffs along secured trails (Via Ferrata)

Surpass yourself, let your adrenaline levels rise, reach the peak and be worthy of the view from above. All this will come true on the secured trails or when climbing the sandstone cliffs themselves in Bohemian Switzerland.

You can find the greatest number of secured trails in Děčín on Pastýřská stěna. You will find 16 trails of various difficulties here. Beginners can learn basic skills for moving along a secured path, more experienced climbers will enjoy difficulty level D and the overhanging profiles. The trail length is 150 to 170 metres, and everyone will be amazed at the breathtaking views of the château opposite and into the deep Elbe canyon.

You will find another via ferrata on the German side of the Bohemian Switzerland National Park.

For those interested in cliff climbing or abseiling, the ideal area to try this is the area of the cliff town of Tisá - Ostrov - Rájec with local experienced instructors.

from spring - autumn, in good weather (without rain)
 Děčín
 ideally one group, 1.5 to 2.5 hours
 groups of 5 people
 Czech, English, German
 www.active-point.cz

More info: Ústí Region Convention Bureau









Incentive adrenaline and sports activities

Vysočina Region

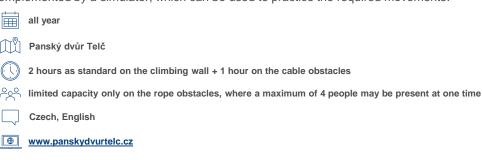


Rope centre for all generations

You will find a climbing wall of an area of 200 square metres, rising to a height of 9 metres in Panský dvůr in Telč. Even complete beginners will enjoy climbing and advanced climbers will appreciate the overhanging profiles. Are you interested in climbing an ice cliff with axes? You don't have to travel all the way to the mountains, simply visit Panský dvůr and its rope centre.

The extensive complex of Panská dvůr in Telč offers full services after flawless organisation of a conference, training course or team-building event. The biggest attraction is the unique interior rope centre with drytool and a climbing wall. Drytooling is a new, dynamically developing climbing activity, which uses winter climbing techniques for climbing ice-falls in summer conditions. Its key attribute is use of axes and crampons on artificial or wooden obstacles. The rope centre is the first in the Czech Republic to be intended for use of these techniques.

Thanks to the various difficulty levels of the routes, which consists of easy and sloping profiles, absolutely everyone can try their skills at the cable centre. There are experienced instructors available for complete beginners. More experienced climbers can try the rope park with crampons, which are at a height of 6 metres above the ground and form various structures from cables and chains, wooden gangways and beams. The rope park consists of 10 obstacles and is traversed using mountaineering crampons. The route is complemented by a simulator, which can be used to practice the required movements.







Vysočina on quad-bikes

Enjoy unforgettable moments through an adrenaline-fuelled experience and enjoy Vysočina differently - on quad-bikes! For corporate customers and larger groups, we can organise a complete corporate adventure or team-building event, which can be simply for fun or in the form of a competition for individuals or teams consisting of your employees or business clients.

You can utilise the option of extensive outdoor areas to hold corporate events, where special stations are created for individual "attractions". Driving through water and mud, ascents, descents, driving along the motocross track, the artificial rough terrain of the sand guarry and former military tank training ground. Try what a 4x4 quad-bike can do in your hands. You won't experience anything like it anywhere else. More laidback visitors have the option of going for a sight-seeing drive through the beautiful landscape of Vysočina around Jihlava, along tarmac roads, public field and forest tracks, past beautiful meadows and ponds.

Each corporate event is organised according to individual requirements, shooting activities (archery, flobert guns, airsoft sniper rifles, shooting from a slingshot, air rifle), the airsoft track (running and shooting across the designated track in the best time) or an airsoft battle (team battle in the forest grounds) can be incorporated into the programme. The programme can also be supplemented with digging with a tracked 8-ton digger, offroad driving in a 4x4 tractor or in an RC car, or a trip on a boat or a flight in a helicopter.

| Ħ | most of the activities are suitable from the beginning of March to the middle of December (riding in the vehicles is comfortable down to -5 °C), water-proof clothing can also be loaned |
|---|--|
| | comfortable down to -5 °C), water-proof clothing can also be loaned |



- depending on the chosen activity
- ideally groups of up to 50 people, maximum capacity 200 people, participants will be divided into smaller groups



- Czech (an interpreter can be arranged)
- www.ctyrkolkyvysocina.cz





Paintball in the former munitions warehouse complex

Come and play paintball in a professional complex, in any season, with high-quality equipment! The former munitions warehouse, of an area of 45,000 m², is the right place for this excellent action-packed entertainment.

Prepare an unforgettable event for your employees, colleagues and business partners. Paintball reinforces the team spirit and teaches players to make decisions fast in stressful situations. During paintball it is important to trust your team members and also do everything you can so that they can rely on you. This is why paintball is a popular sports activity, especially among corporate teams.

Come and play paintball in the Vysočina Region and enjoy maximum fun. Experienced instructors will reveal the tricks you can use to make your game more exciting and entertaining. They will prepare various game scenarios for you to make each battle unique and test each player's invention, ingenuity, reflexes and alertness. Enjoy paintball to the max. in any weather! A lot of people are worried about playing paintball in the winter. But playing in the snow is very popular, and if you keep moving, you will keep warm. And the snow can also be used to make shelters, for instance a snowman will provide reliable protection against being hit by a paintball.



all year (can be played in the hall if it is raining)

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the paintball grounds are in the forest (former munitions warehouse) near the town of Jemnice

- 4 hours
- at least 10, but ideally around 30 players
- Czech (an interpreter can be arranged)
- www.paintball-jemnice.cz





Skid school on the Jihlava Polygon

Take a skid course in the professional complex by Jihlava near the D1 motorway. Areas where you will learn how to prevent crisis situations are prepared for you in the 5-hectare professional complex.

Participants can expect a training ground with a tarmac surface, aquaplaning tank and several skid areas, on which you can practice anything you could possibly encounter on the road. Practice front-wheel and rearwheel skids, skidding on a level surface, skidding while driving downhill, and there are many other specialities, such as the slalom, braking and avoidance manoeuvres. Communication with the instructor using a walkietalkie is assured throughout the course. The entire complex is rented, you can take part with your own car, or arrange to use a loaned car.

- all year
- Jihlava Polygon Hosov
-) option of hiring the entire complex for the whole day
- ideally 3 groups of seven vehicles, total 24 vehicles
- Czech (an interpreter can be arranged)
- www.autoskolamusil.cz





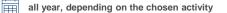


Via ferratas, sports climbing, fishing, kayaks and rafting, cycling, hiking, bowling, ice climbing and much more awaits you in the magical Svratka Valley.

Ferrata climbing has gained increasing popularity in recent years and via ferratas can be interesting opportunities to gain your first experience or organise a course for beginners. Both secured trails are classified at a difficulty level of between B and C, which means moderately difficult to difficult, during which time the descent is always along a forest path. For kayakers, there is an attractive kayaking channel with a number of obstacles. At the point where electricity is generated in the local hydroelectric plant, the Svratka River changes from a lazy river to one of the wildest rivers in the Czech Republic.

The Adrex Base Camp - a unique sports equipment test centre and hire facility in one - is the base for all activities in the valley.





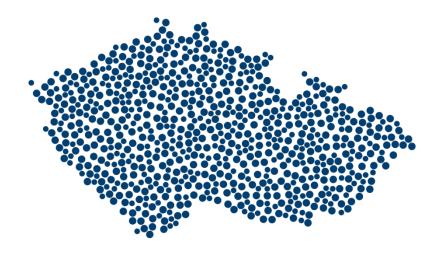
Svratka Valley



- depending on the chosen activity
- depending on the chosen activity
- Czech, English
- www.udolisportu.cz







Next month you can look forward to traditional activities that are unique to the Czech Republic!

Czech Convention Bureau

