

Day 1: MLADÁ BOLESLAV – Michalovice – Josefův Důl – Bakov nad Jizerou – Klokočka – Klášter Hradiště nad Jizerou – **MNICHOVO HRADIŠTĚ** (25 km)

Start your journey in Mladá Boleslav. The city boasts interesting architecture and a number of museums and religious sites. The main tourist attraction is the **ŠKODA MUSEUM**.

On the right-hand side of the Jizera River, you can visit the **Michalovice Castle Ruins** and then continue to the village of Debr, where we will cross to the left bank of the Jizera. Take the red marked trail via Josefův Důl to Bakov nad Jizerou. You will see the **Zvířetice Castle Ruins** on the other side of the river. From Bakov nad Jizerou, the hike passes along the **Rečkov National Nature Monument**.

Continue via Klokočka, where you can find **Saint Stápin Chapel**. You can visit the remains of the Cistercian **Hradiště nad Jizerou Monastery** (today a brewery). After less than 3 km, you will reach the town of **Mnichovo Hradiště**, where you should definitely visit the local **chateau**. Near the chateau is **St. Ann Chapel**, where Albecht von Wallenstein is buried.



Day 2: MNICHOVO HRADIŠTĚ – Zásadka – hrad Valečov – Drábské světničky – Krásná vyhlídka – Příhrazy – Srbsko – Kost Castle – **LI-BOŠOVICE** (22 km)

From Mnichovo Hradiště, take the red marked trail to the **Valečov Castle Ruins**. While you walk along the path, you might see rock dwellings behind the castle ruins. They were probably built as a winter campground for Hussite troops and were used for housing until the 19th century. When you climb the Hrada plateau, you can see the remains of the **Píčov statek Farm**. On your left side, you will see a turn leading towards **Klamorna** (a former rock castle).

After 1 km, you will reach the **Drábské světničky Caves**. The only remains of the original wooden castle are rooms that were hewn into sandstone, and beam pockets. From there, continue via the Studený průchod gorge and the Krásná vyhlídka lookout point through the **Příhraszké skály Rocks** (a section that includes stairs and ladders) all the way to the village of Srbsko and to the U Pomníků crossroads (a reminder of a battle from 1866).

Your next destination is **Kost Castle**, approximately 1 km from here. Then walk through the **Prokopské údolí Valley** to the **village of Libošovice**.



Day 3: LIBOŠOVICE – U Příbyla trailhead – Podsemínský mlýn Mill – Nebákov – Troskovice – Vidlák – Hrubá Skála Chateau – Valdštejn Castle – **TURNOV** (23 km)

The red trail descends from Libošovice to the Žehrovka River valley. If you walk upstream via the **Podsemínský mlýn Mill**, you will get to **Nebákov**. A stone path will lead you to a plateau with the symbol of Bohemian Paradise looming above – the **Trosky Castle Ruins**. You will pass the Svitačka campground and climb to a restaurant below the ruins.

Then continue along the red trail trough the **Podtroseká údolí Valley** to **Vidlák Pond**. Your next stop is the **Hrubá Skála Chateau**.

The Golden Trail then continues via the **Bukovina Arboretum** with views of the Hruboskasko Rock Formations to **Valdštejn Castle** and from there to the **Hlavatice Lookout Tower**, located on the border of the town of **Turnov** (the **Bohemian Paradise Museum**, a **synagogue**, the **Granát Art Gallery**, etc.)



Day 4: TURNOV – Hrubý Rohozec Chateau nature trail – Dolánky u Turnova – Bukovina – Drábovna – hrad Frýdštejn – Pantheon – **MALÁ SKÁLA** (12 km)

In Turnov, the trail runs below the **Hrubý Rohozec State Chateau**. In summer, the chateau can be accessed via a staircase from the Golden Trail (The Chateau Nature Trail). Not far from here, in Dolánky u Turnova, you can find the **Dlaskův statek Farm** national cultural monument.

Continue via Bukovina to the **Drábovna rock formations** (where the trail crosses a class I road). Your next stop is the **Frýdštejn Castle Ruins**. From there, the trail descends towards the **Vranovský hřeben Ridge** and the **Pantheon Castle Ruins**.

The last stop is the **Zahrádka** lookout point (with views of the Malá Skála area) and then you will just descend to the Malá Skála resort.



Day 5: MALÁ SKÁLA – Pánovo pole – Besedice – Koberovy – Hamštejnský hřeben – Vzdychánek – **KOZÁKOV** (10 km)

Alternative route: MALÁ SKÁLA – Besedice – Vřát – Železný Brod – Podspálov – Semily – Krkavčí skála – Záhoří – **KOZÁKOV** (23 km)

From Malá Skála, climb to the Pánovo pole trailhead. The Golden Trail runs straight from there. However, you will turn right along the yellow trail to the **Chléviště rock formations** that are definitely worth a short detour; then set out via **Modlítebna** and the **Besedické skály Rocks** (a blue trail, mind your step!) to **Besedice**.

From there, continue via Koberovy and Hamštejn to the highest peak in Bohemian Paradise, **Kozákov**. Alternatively, you can take the green trail from Besedice to Železný Brod, a town known for its glass-making history and architecture (**glass-making shops, museums, a collection of glass nativity scenes**).

From Železný Brod, hike along the road towards Podspálov (an unmarked section) and further along the **Riegrova Nature Trail** (difficult terrain where ice tends to form in winter) through the Jizera River Canyon to Semily – Bítouchov.

In Semily – Řeky, you will connect to the blue trail and then continue along the yellow trail, which will take you to the **Krkavčí skála Rock**. The green trail will take you all the way to Kozákov. **In Semily**, you can visit the local museum.

Day 6: KOZÁKOV – Komárov – Bačov – Zelený Háj – Bezděčín – Skuhrov – Rváčov – Morcínov – Košov – Tábor – Kyje – Železnice – Valdice – **JIČÍN** (26,5 km)

Alternative route: KOZÁKOV – Komárov – Bačov – Zelený Háj – Bezděčín – Skuhrov – Rváčov – Morcínov – Košov – Tábor – Klepanda – Bradlec – Železnice – Valdice – **JIČÍN** (36 km)

From Kozákov, take the red trail via Bačov and the Zelený Háj trailhead. Then descend along a forest path to the Černá rokle Valley and continue via Košov until you reach Allain's Cross (Alainův kříž) and **Tábor Hill**. From here, you can either continue directly to the **Železnice conservation area** (a museum), or you can hike a little further along the red trail via Klepanda.

From Klepanda, take the blue trail via **Bradlec** (castle ruins) to Železnice, where you will reconnect with the Golden Trail. The hike to Zebín Hill will take you to the **Wallenstein Loggia** from where you can get all the way to the town of Jičín, passing through a four-lane alley.

The **fairytale town of Jičín** is an urban conservation area. We recommend visiting the local sites (such as **Wallenstein Castle with its Games Museum, a synagogue, the Valdická brána Gate, Rumcaj's Shoemaker's Shop**, etc.)



Day 7: JIČÍN – Holín – Prachov – Turistická chata – Horní Lochov – Brada – Kbelnice – **JIČÍN** (16 km)

Unlike in the past, the Golden Trail does not pass through the Prachovské skály Rocks. To include them back into the trail, we have prepared an alternative route. Continue from Jičín along the red trail to the village of Prachov and further to the Tourist Chalet. There are several loops that can be explored in the **Prachovské skály Rocks** (featuring stairs and at times very narrow passages). Return along the blue or green trailhead via **Brada** and **Kbelnice** to Jičín.

The Golden Trail of Bohemian Paradise

The Golden Trail (Zlatá stezka) has been an integral part of Bohemian Paradise since the late 1930s. The trail is not new or even recently discovered; it connects existing paths under a uniform name. The trail was made accessible and marked with the help of the Czech Tourist Club. The purpose of the Golden Trail was to connect the most interesting places in Bohemian Paradise with accommodation facilities and restaurants that used to be held or managed by the Czech Tourist Club.

It has remained much the same as its original form for many years. It connects gems of the local landscape, nature and history.

The original concept of the Golden Trail corresponds to current trends. Long-distance hiking trails that allow you to travel through beautiful nature from one hotel to another have been very popular and sought-after in Western Europe.

In this promotional flyer, we would like to present the Golden Trail to you. It is divided into several day-long sections that will guide you through our region from Mladá Boleslav to Jičín.

In the summer season, you can also travel by cycling buses; the bus schedule is available at www.cesky-raj.info.



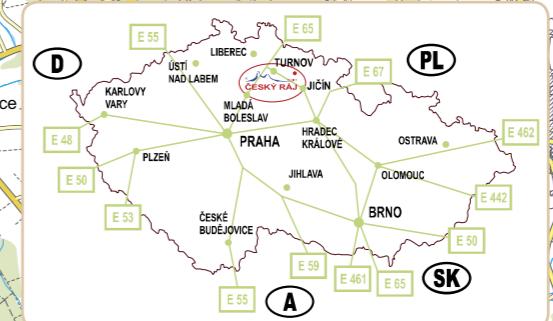
Trosky

TRAIL MARKINGS: Follow the red trail markings painted on trees and signposts
THE LENGTH OF THE GOLDEN TRAIL IN BOHEMIAN PARADISE: 119 km
ALTERNATIVE TRAIL LENGTH: 141 km + a 16 km loop in the Prachovské skály Rocks

The entire trail can be divided into several sections:

- 1 Mladá Boleslav – Bakov nad Jizerou – Mnichovo Hradiště
- 2 Mnichovo Hradiště – Drábské světničky – Kost – Libošovice
- 3 Podtrosecká údolí – Trosky – Hruboskalsko – Turnov
- 4 Turnov – Malá Skála
- 5 Malá Skála – Kozákov (an alternative route via Železný Brod and Semily)
- 6 Lomnicko – the Jičín area (an alternative route via Bradlec)
- 7 An alternative hike comprising Jičín – Prachovské skály – Jičín

For more trip ideas, visit www.zlatastezka.info



LIST OF TOURIST INFORMATION CENTRES

- Infocentrum Dolní Bousov**
 Kostelní ulice 141, 294 04 Dolní Bousov
 Tel. 322 312 001, infocentrum@dolni-bousov.cz
www.infocentrum.dolnibousov.cz
- Infocentrum Mladá Boleslav**
 Železná 107, 293 01 Mladá Boleslav
 Tel. 326 109 402, 326 322 173, infocentrum@kulturnabm.eu
www.mladoboleslavsko.eu
- Infocentrum turistické centrum Autocamp Sedmihorky**
 Sedmihorky 72, 511 01 Turnov
 Tel. 481 389 162, camp@campsedmihorky.cz
www.campsedmihorky.cz
- Infocentrum středisko Města Lomnice nad Popelkou**
 Husovo náměstí 44, 512 51 Lomnice nad Pop.
 Tel. 481 673 107, 739 568 347, info@kislomnice.cz
www.kislomnice.cz, www.lomnicenadpopelkou.cz
- Městské informační centrum Jičín**
 Valdštejnovo náměstí 1, 506 01 Jičín
 Tel. 493 534 390, mic@jicin.org
www.kzmj.cz, www.jicin.org
- Městské informační centrum Mnichovo Hradiště**
 Masarykovo náměstí 299, 295 01 Mnichovo Hradiště
 Tel. 326 776 739, infocentrum@mhhradiste.cz
www.mhhradiste.cz
- Městské informační centrum Sobotka**
 nám. Míru 3, 507 43 Sobotka
 Tel. 493 571 587, mic@sobotka.cz
www.sobotka.cz
- Regionální turistické informační centrum Turnov**
 nám. Českého ráje 26, 511 01 Turnov
 Tel. 481 366 255, 481 366 256, info@turnov.cz
www.infocentrum-turnov.cz
- Turistické informační centrum Semily**
 Husova 2, 513 01 Semily
 Tel. 481 624 721, info@semily.cz
www.semily.cz
- Turistické informační centrum Železný Brod**
 nám. 3. května 1, 468 22 Železný Brod
 Tel. 483 333 999, info@zelbrod.cz
www.zeleznýbrod.cz

SEASONAL INFORMATION CENTRES

- Information centres are open during the summer season.
- Infocentrum Nová Paka**
 F. F. Procházky 70, 509 01 Nová Paka
 Tel. 493 721 943, klenotnice@muzeum.cz, kuldova@muzeum.cz, www.muzeum.cz
- Infocentrum Zámek Svijany**
 Svijany 26, 463 46 Svijany
 Tel. 481 770 703, info@zameksvijany.cz
www.zameksvijany.cz
- Infocentrum středisko Kněžmost**
 U střediska 24, 294 02 Kněžmost
 Tel. 326 210 334, infocentrum.knezmost@seznam.cz
www.knezmost.cz
- Infocentrum středisko Správy CHKO Český ráj v rybníku Věžák**
 Hrubá Skála - Krčkovice
- Infocentrum středisko Správy CHKO Český ráj v Arboretu Bukovina**
 Hrubá Skála
www.dumprirody.cz
- Infoshop Vejměnek - Infocentrum Malá Skála**
 Vranové 1. díl 12, 468 22 Malá Skála
 Tel. 773 877 550, infocentrum.malaskala@email.cz
www.infocentrum-malaskala.cz
- Městské informační středisko Rovensko pod Troskami**
 Komenského 107, 512 63 Rovensko pod Troskami
 Tel. 724 195 959, 606 882 057, infoovensko@tiscali.cz
www.rovensko.cz
- Sezonní informační středisko na hoře Tábor**
 hora Tábor, 512 51 Lomnice nad Popelkou
 Tel. 481 673 107, 739 568 347, info@kislomnice.cz
www.kislomnice.cz
- Turistické informační středisko Bozkov**
 512 13 Bozkov 40
 Tel. 724 012 659, tis.bozkov@obecbozkov.cz
www.obecbozkov.cz
- Turistické informační centrum Kopidlno**
 Hilmarova 86, 507 32 Kopidlno
 Tel. 776 080 190
www.kopidlno.cz
- Turistické informační centrum Zvěřetice**
 Podhradí 14, 294 01 Bakov nad Jizerou
 Tel. 326 210 230, info@zvetrice.cz
www.zvetrice.cz



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