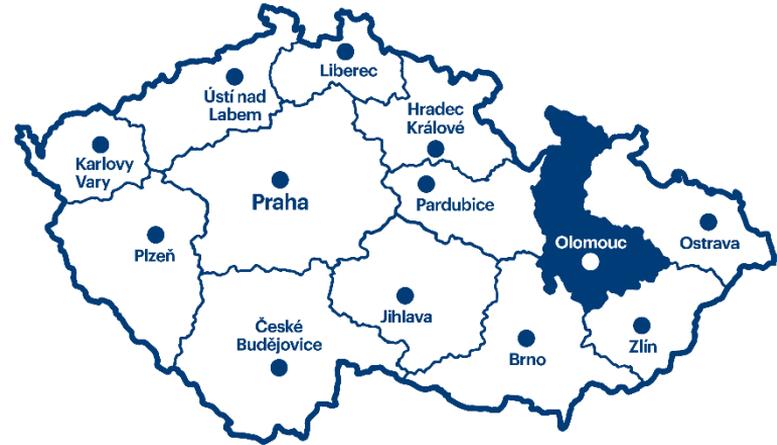


# Inspirational Czech Convention Bureau monthly

## Teambuilding activities

Paintball, go-kart track, bike-assembly for children, a wine all-round contest, sports competitions, quad biking and other tips for teambuilding activities



Teambuilding activities

# Olomouc Region

# Morava rafting trail

The Morava River is ideal for a holiday on the water. Discover the unique and beautiful countryside around the Morava River!

Hire a raft and all the gear and set off on an adventure! The Morava River is navigable along the stretch from Hanušovice to Olomouc, which is approximately 100 km. The stretch from Hanušovice to Postřelmov (Šumperk district) cannot be rafted all year round as there is not enough water. However, you can paddle from Postřelmov to Olomouc all year round. This section is around 70 km long and can be done in 3-4 days. There are lots of places along the Morava where you start out or leave the river. The individual points are spread out along the route to enable you to make the most of the entire river, from one-day trips to a week-long holiday. With the Morava, you can expect fast-flowing water in a rocky channel, calm stretches above weirs and unique meanders around the floodplain forests and the Litovelské Pomoraví Protected Landscape Area, which is by far the most beautiful part.



in good weather



Morava River (Hanušovice – Olomouc)



entire route approx. 4 days



raft max. 8 adults, boat 2 adults



Czech, English



[www.ok-tourism.cz](http://www.ok-tourism.cz)

More info: [Central Moravia & Jeseníky Convention Bureau](#)



# Paintball Game Olomouc

Paintball is a new adrenaline sport that is rapidly growing in popularity, where not only physical fitness and strength are important, but also the ability to think and make quick decisions. Paintball is a game that lets everyone experience the joy of winning, yet also learn how easy it is to lose. A game packed with thrills, adventure and excitement, but most of all, it's really great fun!

The Paintball Game Olomouc arena is located on the outskirts of Olomouc in one of the Forts built around Olomouc during the reign of Franz Joseph I; this one dates back to 1850–1854. It's a unique place that doesn't have to be done up like a military setting, as it already is.

Where better to enjoy this strategic, exciting game than in a stronghold built by our ancestors with defending and attacking in mind.

The general public and companies can hire the following equipment: air gun, protective mask, protective gloves, 200 rounds of ammunition (balls).

 all year round/weather permitting, Tuesday to Sunday

 Olomouc Neředin

 approx. 3 hours

 8–12 people per group

 Czech, English

 [www.pgo.cz](http://www.pgo.cz)

More info: [Central Moravia & Jeseníky Convention Bureau](#)



# Olopedal

Olopedal offers a wide variety of rides, tailored to suit each individual customer. If you fancy a ride around Olomouc, try Olopedal.

These daily sightseeing tours give you the opportunity to explore Olomouc from a different perspective and learn more about the development and history of the city. And all while enjoying a fun ride. The route, on board of a specially customised mobile bar, leads through the parks and main squares of Olomouc.

The ride lasts about 45-60 minutes and can be longer for private events. The range of private rides also includes the *Tour de beer*, which takes you around to sample local beer specialties. Olopedal is for up to 11 people.



all year/weather permitting



Dolní náměstí č. 34., Olomouc



min. 45–60 minutes, max. to suit the customer



11 people



Czech, English



[www.oloslap.cz](http://www.oloslap.cz)

More info: [Central Moravia & Jeseníky Convention Bureau](#)



# PROUD Rope Centre

The PROUD Rope Centre is an outdoor sports ground offering activities for the general public. It has a game zone with attractions on the ground, as well as high rope obstacles with a large adrenaline swing. There are also refreshments on the premises with a selection of fast food and drinks on tap.

Rope centres are not just places where you can try your skill on low and high rope obstacles. Most of all, they are ideal for a wide range of corporate events and activities.

Professionals can hold a company event or teambuilding session, or a company programme focused on teamwork out in the fresh air. Groups who just want to clamber around on the ropes, have fun and relax from the stress at work will find everything they need in one place. And for those who are afraid of heights, there are plenty of other ways to have fun here.



May to October



Lazecká 50/49, Olomouc



1–3 hours



max. 99 people



Czech, English



[www.lanovecentrum.cz](http://www.lanovecentrum.cz)

More info: [Central Moravia & Jeseníky Convention Bureau](#)



# Lamborghini Kart Arena

The Kart Arena go-karting track is indoors, covers two floors and is packed with bends. This provides plenty of space for manoeuvring and real go-karting excitement and adrenalin. The track is located in ground-level garages on Hanáckého pluku ulice near the centre of Olomouc. Up to eight go-karts are available for hire.

All the necessary gear such as a helmet, hygienic hood and gloves can also be hired on the spot. The Olomouc go-kart centre is available for spaces for corporate events. The Kart Arena also includes a stylish Sport Bar to seat up to 90 people. The layout of the Sport Bar can be customised to suit your event and can be used for training seminars, company events, private parties or festive gatherings. The necessary equipment is at your disposal for these occasions, such as a video data projector with a 2.6 m screen, a PC, audio-video equipment and a wireless microphone. Catering is provided as a matter of course, either in the form of simple refreshments or as a banquet or buffet.

Come and try the unique two-storey racing track and the stylish Sport Bar. You'll love the adrenalin-fuelled Lamborghini Kart Arena so much that you won't want to leave!



all year



Hanáckého pluku, ground-level garages, 11th Floor, 779 00 Olomouc



as requested by the client



90 people in the Sport Bar, groups of 6 racers



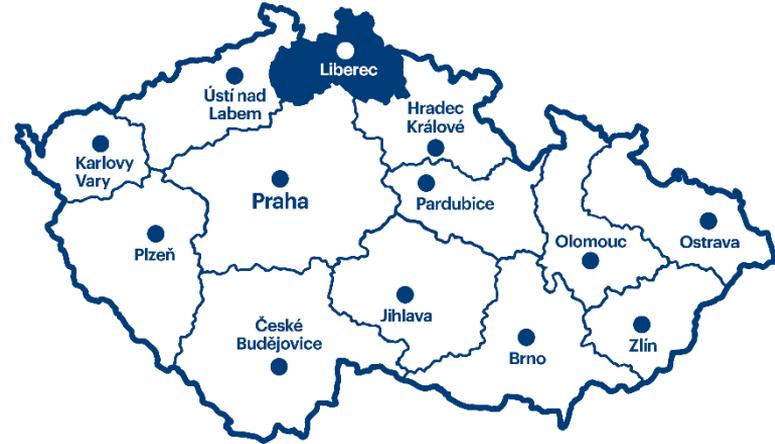
Czech, English



[www.motokary-olomouc.cz](http://www.motokary-olomouc.cz)

More info: [Central Moravia & Jeseníky Convention Bureau](#)





Teambuilding activities

# Liberec Region

# Entertainment for every generation

What's this laser game everyone's talking about these days? The laser game or laser tag is action-packed entertainment like a battleground game, that gets the adrenalin pumping as you run around an arena with a unique musical backdrop! The game engages all your senses, not to mention muscles you perhaps didn't even know you had.

The entire game takes place in an elaborate arena in the centre of Liberec. It is fitted out with state-of-the-art technology, accompanied by sound and light effects that for a few minutes will take you out of the real world and awaken your inner warrior spirit, with victory going to the fastest and smartest. The Liberec arena has a spacious bar and lots of additional activities to make it the perfect venue for any corporate event.



all year



Revoluční 66/2, 460 01 Liberec



at least 2 hours



smaller groups of max. 18 people, laser maze max. 10 people, spacious bar max. 80 people



Czech, English



[www.mercurialaser.cz](http://www.mercurialaser.cz)

More info: [Liberec Region](#)



# There on a boat, back on a scooter

The picturesque valley of the Jizera River, the silhouettes of sandstone rock towers and other beautiful natural scenery of the Bohemian Paradise were discovered by tourists and local residents centuries ago. The stretch along the Jizera River from Malá Skála to Doláněk is still a hugely popular destination for trips or leisure activities.

The ideal starting point at Mala Skála is the iconic Žlutá plovárna swimming pool, built on pillars. Hop into a canoe or onto a raft, enjoy sailing down the weir, paddle 9 km along the calm river, stop off for refreshments in Dolánky near Turnov, and have a scooter race along the Greenway Jizera cycle path back to the Žlutá plovárna – that's a great half or full-day tip for school groups or corporate teambuilding activities. You can also relax on the grassy beach, enjoy wonderful views of the Pantheon rock castle and enjoy some natural swimming in the calm and clear water above the weir.



May-October: daily 9 a.m. – 6 p.m.; November-March: closed



Žlutá plovárna (SUNDISK family) - Vranové 1. díl 47, 468 22 Malá Skála



all day



depending on booking and availability, boats for 2 to 6 people



Czech, English



[www.sundiskfamily.cz](http://www.sundiskfamily.cz)

More info: [Liberec Region](#)



# A touch of nature in paradise

The Liberec region is one of the few places that offers a unique dose of adrenalin – rock climbing in the Bohemian Paradise. Its unique rock formations let sports enthusiasts try them out for themselves.

For real adrenalin lovers, the first Czech Via Ferrata Water Gate at Semily is the perfect place to go climbing. It's a public trail above the Jizera River valley. The more challenging sections are equipped with steel ropes, which are also used for belaying. What makes this place so unique is the fact that it is a circular via ferrata, offering an extraordinary descent down the side of the rock. Instructors are also available to put together a teambuilding programme, to get your colleagues all pulling together as one.

 from April to October (weather permitting)

 Via Ferrata Water Gate near Semily

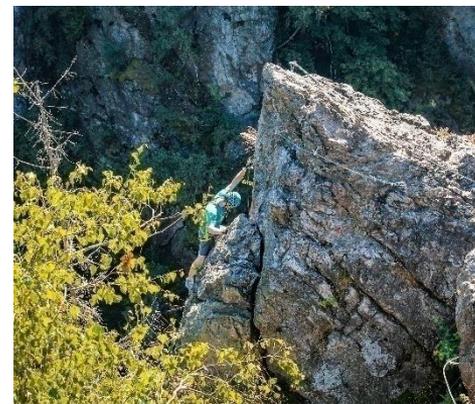
 at least 3 hours

 climbing in groups of 5-8 people

 Czech, English

 [www.vodni-brana.cz](http://www.vodni-brana.cz)

More info: [Liberec Region](#)



# See the glassmakers at work from up close

The Glassworkers Pub will transport you into the world of glassworkers, where traditional craft meets art. And that is also the case with the local cuisine.

The Ajeto glassworks, part of the world-famous LASVIT group, has its headquarters in Lindava near Cvikov, in the Lusatian Mountains. Custom glass products or valuable works of art, such as trophies for the famous Tour de France or the Czech Thalia Awards, are made at Lindava.

The glassworks is open to the public, so you can get a close look at how glass is made or try it yourself. You will learn how difficult the work of glassworkers is and will also take home your own glass souvenir. You can then soak up your experience with a nice bite to eat in the stylish Glassmaker's Tavern right there on site.



all year round; tour and glass blowing during working hours with a prior booking



Sklárna AJETO spol. s.r.o., čp. 167 Lindava, 471 58 Lindava



at least 2 hours



glass blowing in smaller groups of max. 10 people; restaurant 100 people; terrace 70 people



Czech



[www.ajetoglass.com](http://www.ajetoglass.com)

More info: [Liberec Region](#)



# On snowshoes and ski mountaineering in the Giant Mountains

Fancy some snowshoeing or ski mountaineering? In the mood for enjoying the views in the Giant Mountains? Or perhaps some downhill skiing? Ski mountaineering is becoming hugely popular for that freedom of free movement in the countryside.

There are 8 ski mountaineering routes marked out for you in the Giant Mountains, which you can then freely combine with other marked routes and trails. Along the way, you can take refuge in the mountain chalets so typical for the Giant Mountains landscape. In the winter, they offer a warm embrace, a haven of rest and refreshments in bad weather. Stop off at one of them - for some hot soup, warm grog, coffee or a proper lunch to top up your strength before you continue on your journey.



only in winter



Harrachov, Rokytnice nad Jizerou, Benecko



at least 4 hours



smaller groups of max. 10 people



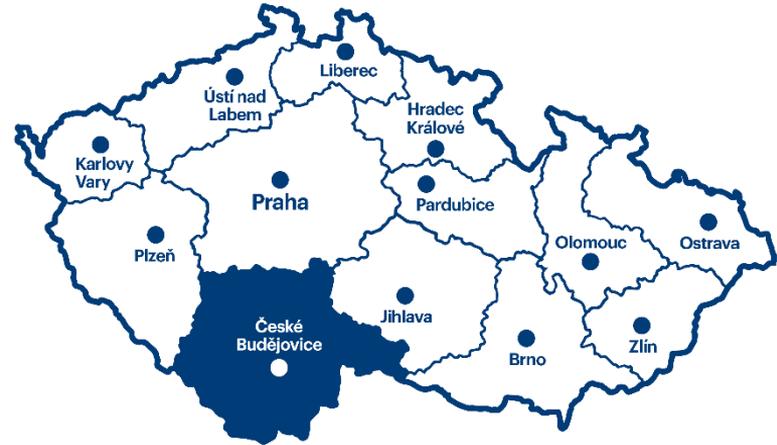
Czech, English



[www.krkonose.eu](http://www.krkonose.eu)

More info: [Liberec Region](#)





Teambuilding activities

# South Bohemia

# Teambuilding in the heart of Šumava

Hold your corporate teambuilding in the beautiful setting of Šumava, with its fine views and excellent year-round accessibility for skiers, cyclists, hikers and lovers of wellness and massages.

If you want to spend the night, we recommend the renovated Sporthotel Olympia, situated in the Zadov ski resort, the best location you could wish for. You can expect the full range of services for the working part of the day as well as the accompanying programme, teambuilding activities and catering. There is also a congress hall for company events and congresses that you won't find anywhere else in the region, and above all, the amazing views of the countryside will add that special touch to any meeting or celebration.

The Zadov rope park offers four types of programmes: super climber, climber, half-climber and challenge. The first two differ in duration, while the last programme is intended to try it out on low obstacles. Everything is supervised by instructors.

-  all year round
-  Šumava - Zadov
-  half a day - multiple days
-  individuals and groups of up to 100 people
-  Czech, English, German

More info: [South Bohemia Convention Bureau](#)



# Orlík – a secret place that's easy to get to

The Orlík Reservoir is a beautiful place just 40 minutes from Prague. A wide range of activities are available at the Orlík Wellness Hotel. The complex includes sports fields, 2 swimming pools, horses, a beach and activities on the water.

Special teambuilding programmes at Orlík that you won't find anywhere else:

- excursion to the largest hydroelectric power station (also possible at night)
- in the footsteps of the Orlík killers
- socialist recreation bus tour
- within easy reach - 2 lookout towers, the unique Solenická podkova viewpoint, etc.



all year round



Orlík Reservoir, accommodation at the Orlík Wellness Hotel



2 days



up to 100 people, ideally split into groups of 25 people



Czech, English



[www.hotelorlik.cz](http://www.hotelorlik.cz)

More info: [South Bohemia Convention Bureau](#)



# Active relaxation below Hluboká Castle

The largest outdoor amusement park in the country offers a wide range of sports activities for all ages.

Rope park, ferratas over the river, beach volleyball, sports equipment hire, motorboats and boats, fun for smaller groups as well as larger ones of up to 500 people. All at our site in Hluboká nad Vltavou. Our new attraction for 2024 is the climbing wall.

As part of your stay, we'll also be happy to provide you with accommodation either in close proximity to Hluboká nad Vltavou Castle or in one of the hotels in the "bourg" area.



April-October



Hluboká nad Vltavou



half day – 2 days



smaller groups – as well as larger groups of up to 500 people



Czech, English



[www.arel-hluboka.cz](http://www.arel-hluboka.cz)

More info: [South Bohemia Convention Bureau](#)



# Perfect relaxation at Lipno

**Perfect relaxation at Lipno. Luxurious rooms and a restaurant, plus a swimming pool, sauna world, underwater world and active leisure with panoramic views of the Lipno Reservoir.**

Enjoy all this and more at the Wellness Hotel Frymburk. For an active way to relax, there are bikes, scooters or roller skates from Lipno's summer and winter equipment hire centres, so you can ride the unique trail around Lipno or, if you fancy, take the legendary ferry across the reservoir.

In winter, there are more than 13 km of downhill slopes in the nearby Lipno Ski Resort, with plenty of other excellent accommodation options.

And as a bonus, visit the barrier-free Treetop Trail, which is open all year round and offers beautiful views of Lipno and its surroundings.



all year round



Lipno nad Vltavou - Frymburk



1 day or more days



smaller groups – as well as groups of up to 400 people



Czech, English, German

More info: [South Bohemia Convention Bureau](#)



# South Bohemian tradition in the town of the Hussites

Enjoy authentic South Bohemian tradition in the Hussite town of Tábor. Housův mlýn specialises in period programmes for groups – fancy experiencing a day in a South Bohemian mill, or perhaps even becoming a Hussite?

Housův Mill is a historic building in the heart of the historic town of Tábor. The basic range of offered corporate teambuilding activities consists of 8 various themes in a number of versions. These include "Life at a South Bohemian Mill" - this programme encourages a competitive spirit between teams. Actors recreate the hustle and bustle of a mill and a music band with an old-fashioned repertoire provides a cheerful ambiance. A mediaeval feast is also another option. There are no limits to your imagination.



all year round



Housův mlýn, Tábor



half day – 1 day



groups of up to 150 people



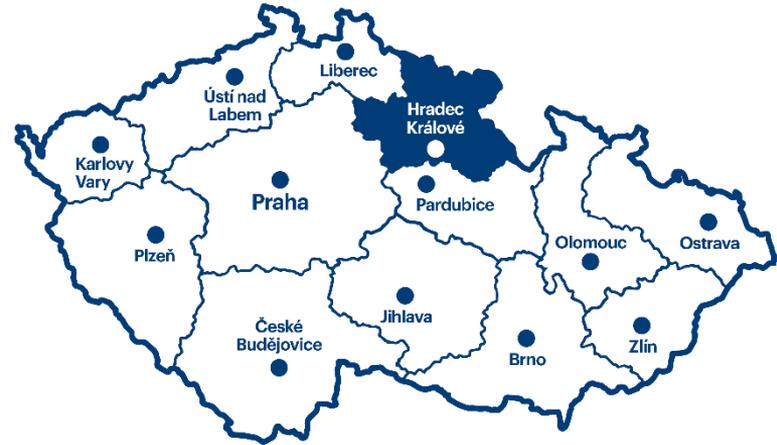
Czech, English, German



[www.housuvmlyn.cz](http://www.housuvmlyn.cz)

More info: [South Bohemia Convention Bureau](#)





Teambuilding activities

# Hradec Králové Region

# Take control of your destiny on a go-kart track

Enjoy a four-storey indoor go-kart track very close to the former mill in Hronov.

The track has banked turns, high-speed straights and passes through two tunnels 970 metres long. The 200 cc engines guarantee an unforgettable ride.

There are lots of other attractions around Motobydlo. The former mill is a lovely place to relax with its weir, garden and games room, with table tennis and billiards. There is also a bar and a fireplace for barbecuing.

For nature lovers and active leisure fans, the forested foothills of the Jestřebí Mountains are the ideal place for summer and winter sports. Nearby there's the Adršpach-Teplice rock town, Ratibořice, castles, châteaux, fortresses and monasteries.



all year



Hronov



from one hour to whole day



groups of eight people take turns on the track, unlimited number of visitors on site



Czech, English, Polish



[www.motokary-motobydlo.cz](http://www.motokary-motobydlo.cz)

More info: [Hradec Králové Region Convention Bureau](#)



# Správčák - the right choice for teambuilding

A complex that offers countless leisure activities.

Správčák is located near the village of Předměřice nad Labem. It is the largest body of water in the Hradec Králové region - the complex is located between the Elbe River and Písník. It offers a wealth of entertainment, sports, culture, relaxation and good food. There is also a popular cycle path nearby, running from Hradec Králové to Kuks.

Správčák is easily accessible by car, bike, scooter, roller skates, public transport or train, and you can even get there by boat.



all year round



Hradec Králové



depending on the choice of activity



depending on the choice of activity, unlimited for the complex as a whole



Czech, English



[www.spravcak.cz](http://www.spravcak.cz)

More info: [Hradec Králové Region Convention Bureau](#)



# Strengthening the team spirit with Firmsport

Teambuilding just how you want it.

A teambuilding agency specialising in corporate teambuilding anywhere in the Hradec Králové region. Firmsport has the advantage of a team of experienced instructors who can perfectly identify behaviour patterns in the people in your team.

There are a range of activities to choose from – an outdoor laser game, the Stříbrný rybník adventure park, attraction hire, paintball, an escape game, virtual reality, corporate survivor, detective story, Ancient Games and many others.

 site in Hradec spring-autumn, elsewhere throughout the year

 Hradec Králové + anywhere in the Hradec Králové region

 from one hour to whole day, depending on the choice of activity

 up to 1500 people

 Czech, English

 [www.firmsport.cz](http://www.firmsport.cz)

More info: [Hradec Králové Region Convention Bureau](#)



# Fun discovering the animals in a Safari Park

Go on an adventure at the Dvůr Králové nad Labem Safari Park with an action teambuilding game that will test your physical skills as well as your brain.

The game involves searching for clues in the form of photos and animal artifacts around the Safari Park. You will be guided along in your adventure by a booklet with brief information about the individual stops, as well as instructions on how to get to the clues.

At the various stops there are clues hidden in tubes, which you investigate, note down in the booklet and then put back. You can also take photos of the clues. The aim of the game is to find as many clues as possible and use them to guess the mysterious animal of the savannah. All the clues refer to just one African animal.



all year



Dvůr Králové nad Labem



approx. 90 min



teams of 3-6, although a maximum of 40 people



Czech, English



[www.safaripark.cz](http://www.safaripark.cz)

More info: [Hradec Králové Region Convention Bureau](#)



# Discover the beauty of the Giant Mountains

On a bike below the highest mountain in the Czech Republic.

Think you can't conquer the mountains on a bike? Anyone can do it on an e-bike. Enjoy an e-bike trip from the Horizont Hotel in Pec pod Sněžkou, through the beautiful Lví důl valley to Malá Úpa, taking in a visit to the Trautenberk microbrewery. The perfect place to take a break for a small snack, a tour of the brewery and a taste of the local beer. From Mala Úpa and the Krakonoš Valley, you return to the Horizont Hotel via Spálený Mlýn and Velká Úpa.



summer



Pec pod Sněžkou



approx. 5 hours



70



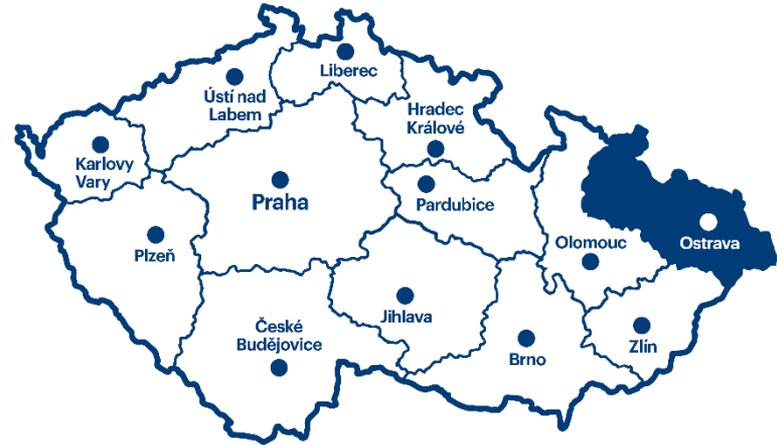
Czech, English



[www.hotelhorizont.cz](http://www.hotelhorizont.cz)

More info: [Hradec Králové Region Convention Bureau](#)





Teambuilding activities

# Moravian-Silesian Region

# Bikes for Children - teambuilding with something extra

The Bikes for Children charity teambuilding is a unique event that not only helps to encourage cooperation and communication amongst the participants, but also helps children to lead an active life through sport.

**No one will forget this teambuilding!**

The teambuilding participants work in teams to assemble dismantled bikes, which are purchased for specific children from a selected children's home. A team of service technicians supervises to make sure the bikes are set up correctly, and helps the participants put them together. Each team can decorate the bike, add an original touch and write a personal message to the future owner.

The end of the teambuilding is the most powerful moment, as the participants have no idea that the children will come to collect their bikes in person. The children come in, opening the floodgates to a surge of emotions and joy.

Everything is arranged for you, from communication with the children's home, the tools, to the collection of the bikes.

 all year round, indoor and outdoor

 entire Moravian-Silesian Region

 1.5 - 3 hours

 from 10 people

 Czech, English, Polish, German

 [www.tymove-akce.cz](http://www.tymove-akce.cz)

More info: [Ostrava Convention Bureau](#)



# Survival course in the Beskid Mountains

Step into a world of corporate adventure in the heart of the Beskid Mountains! These unique survival courses are not only about teambuilding – they're about bonding with nature. Turn off your mobile phones, build a fire and experience lots of new or forgotten things.

Enjoy an unforgettable course led by experienced instructors. Perfect your survival skills, from starting a fire and building a bivouac to filtering water. Learn to find your way around and provide first aid with an emphasis on teamwork and communication.

Everything takes place in the beautiful Beskid Mountains, not only strengthening the bonds between team members, but also bringing them closer to nature. Each activity is designed to promote both team and personal growth through experiential learning.

Stepping out of your comfort zone not only gives you the skills you need to survive in the wild, but also the resilience to succeed at work.



all year



Beskid Mountains



3 hours – 3 days



4 to 30 people



Czech, English



[www.tymove-akce.cz](http://www.tymove-akce.cz)

More info: [Ostrava Convention Bureau](#)



# Teambuilding at a pig slaughter

An event lasting several days that ends with an evening sitting and going over everything produced during the day, with plenty of chatting and drinking. Listen and dance to a Goral (Highlander) folk band.

The participants gather at the family Rzehaczek guest house in the evening the day before the slaughter...

The next day you have to get up at the crack of dawn – meaning around six in the morning. The boiler needs to be stoked and water heated for "steaming the pig". When it is getting light the master butcher comes to do the "rough work" and then the real slaughter begins, where everyone pitches in and the good mood is helped along with wine and schnapps.

Later, you eat what you've cooked and enjoy a traditional Goral evening. Unique teambuilding for our region, where the Gorals also have their roots.



all year round



Rzehaczek guest house, Dolní Lomná



3 days



max. 30



Czech, Polish



[www.rzehaczek.cz](http://www.rzehaczek.cz)

More info: [Ostrava Convention Bureau](#)



# The Hangar, or climbing it together

Do you feel that you know your colleagues so well that there's nothing they can do to surprise you? Enjoy a change of scene, try spending some time with your colleagues outside work, and go climbing with them.

The HANGAR, the largest and most state-of-the-art bouldering centre in the Moravian-Silesian region, offers your team a basic introduction to rope climbing and bouldering, with team activities and a talk on the history of climbing.

The shared activities are tailored to suit you.

Catering in the pleasant Hangar Café is provided as a matter of course.



all year round



Hangar, Nad Porubkou, 708 00 Ostrava-Poruba



by arrangement



6 to 30 people



Czech, English



[www.hangarostrava.cz](http://www.hangarostrava.cz)

More info: [Ostrava Convention Bureau](#)



# Adrenalin and action

Wondering how to surprise your colleagues with a truly original teambuilding session? Bored with the same old activities that are too much like those games from childhood camp? Want to come up with something new and more appealing?

Then the Laser arena in the Mariánské Hory district of Ostrava is just the thing for you.

It offers a unique adrenalin-fuelled, action-packed experience and the thrill of battle.

Make no mistake, the laser shooting range or laser tag is definitely not just for teenagers or action movie lovers, and as a team game it's perfect for corporate events. But the real fun starts when you play as a team, when you're forced to focus on tactics and game strategy, and most importantly - you have to stick together, which strengthens the team spirit and the ability to work together, the very essence of teambuilding activities.



all year round



Laser Arena, Novoveská 9, 709 00 Ostrava



60 minutes or more



groups of max. 12 people, multiple groups at the same time - by arrangement



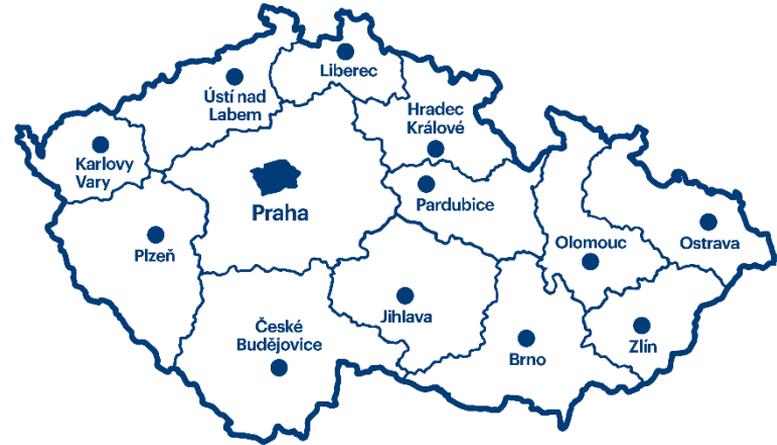
Czech, English



[www.laserarenaostrava.cz](http://www.laserarenaostrava.cz)

More info: [Ostrava Convention Bureau](#)





Teambuilding activities

# Prague

# Philanthropic teambuilding

An unconventional team activity in which the participants do physical work to help create a public benefit project! Besides the shared experience of improving teamwork, communication and project management, the session will also strengthen your employees' sense of belonging in the team and the company as a whole and, most of all, will produce a tangible and meaningful work that helps others.

The team members will work on a real project, such as making wooden toys for nursery school children, building benches or a gazebo for a home for the elderly, making bird feeders or repairing bikes for children from Africa. The activities can be tailored to suit the client's CSR policy or other sustainable goals.



all year round



Prague – as chosen by the client



3 to 6 hours



10 to 100 people



Czech, English



[www.app.hrshop.cz](http://www.app.hrshop.cz)

More info: [Prague Convention Bureau](#)

ASIANA, spol. s r.o



# VR Play Park – a get-together with virtual reality

The combination of beautiful architecture, a bar with a view of Wenceslas Square and unique team games in a virtual reality setting makes the VR Play Park the perfect place for teambuilding sessions in Prague.

Fun multiplayer virtual reality games, a venue right in the very centre of Prague and a bar with catering are the essential ingredients to strengthen team spirit and make for an unforgettable experience. Each of the games at the VR Play Park is perfect for training teamwork, the ability to solve complex tasks and improve tactical decision-making. The trained staff prepare a tailor-made programme for companies of all sizes; you can book selected attractions or the entire park.



all year round



VR Play Park, Václavské nám. 22, Prague 1



2 to 4 hours



8–60 people, participants will be divided into groups



Czech, English



[www.vrplaypark.com](http://www.vrplaypark.com)

More info: [Prague Convention Bureau](#)



VR Play Park

# Homeless teambuilding

Homeless teambuilding, designed primarily for managers and corporate employees, takes the form of a structured homeless pentathlon, in which participants can learn a number of practical skills that can be applied every day in their profession from someone they would probably never expect it.

Participants engage in original and meaningful team tasks relating to marketing, logistics, sales, finance and human resources: such as selling items found in a dumpster on the street or fundraising in the form of street art. In the logistics part, the money earned is used to buy food and other items useful for the homeless, which the team then takes to a particular homeless community. The aim of the activity is to show that corporate training can be active and fun, while at the same time presenting corporate social responsibility (CSR) as a strategic concept that is naturally inherent to everything the company does.



all year round



Prague - as agreed with the client



4 hours



10 to 15 people



Czech, English, German

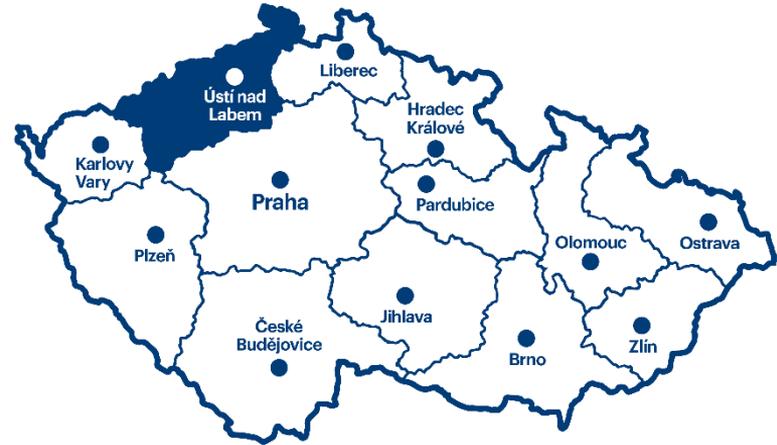


[www.pragulic.cz](http://www.pragulic.cz)

More info: [Prague Convention Bureau](#)



Pragulic



Teambuilding activities

# Ústí nad Labem Region

# Treasure Hunt

Show off your skills and abilities as a team player in solving the tricky tasks that await you on your search for the treasure. Will you be on the winning team and be the first to solve the puzzles?

A physically undemanding teambuilding activity that can include other fun elements. You can be in the city centre or even in the forest and your task is to use clues and solve tasks to reach the destination. Where the treasure you've been searching for awaits. The teams track each other using an online application.

You can play the Treasure Hunt almost all over the Czech Republic, including Prague, Ústí nad Labem, Teplice, Karlovy Vary, Plzeň, but also in the rocks at Tisá or Ostrov, or in a place of your choice.



 all year round, outdoors in good weather (not raining)

 Prague, Ústí nad Labem, Teplice, Plzeň, Karlovy Vary, Elbe Sandstone Mountains Protected Landscape Area, Bohemian Paradise, Pec pod Sněžkou

 2 to 4 hours

 6–300 people - split into groups/teams

 Czech, English

 [www.treasure-hunt.cz](http://www.treasure-hunt.cz)

More info: [Ústí Region Convention Bureau](#)

# Elemental water and your team spirit

Rafting down the river together, keeping your direction and navigating even small rapids is a great experience and a fine team challenge. Can you handle a kayak, canoe or raft? This is exactly what you'll learn. You and your colleagues will paddle through the Elbe Canyon, sail down the Ohře or the Jizera.

This teambuilding will teach you the basic techniques and how to control boats, with fun games and team activities to spice up the programme. At the end, you'll all take a ride on rafts, that you can board in Děčín, for example.

The cruise takes two to three hours. You can sail as far as Hřensko or stop about halfway in Dolní Žleb, change crews, add some air to your boats together or get on your bike and ride back to Děčín.

Races can be held in the final stretch, with a contest to see who anchors first. Anyone who wants do part of the journey on a paddleboard or in a kayak.



from May to September or depending on the weather



Děčín - Hřensko/Elbe Canyon



3 to 4 hours



10 to 50 people



Czech, English, German



[www.hotrock.cz](http://www.hotrock.cz), [www.active-point.cz](http://www.active-point.cz)

More info: [Ústí Region Convention Bureau](#)



# Culinary teambuilding

They say love goes through the stomach and this is true not only for love, but also for personal relationships, meaning at work, too. Cook yourselves a meal together or find the wine buff in you and hold a corking competition.

Your own goulash, properly seasoned, with one person starting the fire, another peeling the potatoes and a third stirring it so it doesn't burn. Teamwork, allocating roles or, perhaps, trying some completely new ones out in the open air, will add a whole new dimension to your team.

If wine is more your thing, then first enjoy a pleasant tasting in a modern winery in the heart of the Bohemian Central Mountains, and then get your adrenalin pumping in a corking and tasting competition. Who can cork so many bottles the fastest, or can fill the wine-tasting tube the quickest?



all year round, cooking outdoors in good weather



Elbe Sandstone Mountains, Ore Mountains (hotel Ostrov and others), Bohemian Central Mountains - Třebívlice



2 to 3 hours



10–40, split into groups



Czech, English, German



[www.dancemission.cz](http://www.dancemission.cz), [www.johannw.com](http://www.johannw.com)

More info: [Ústí Region Convention Bureau](#)

# Conquer your Everest

The journey to the top is often a long one, and when tackling it, the expedition team needs to be patient, persistent and all pull together as one. There's no room for mistakes or impetuosity.

And what about adrenalin. Upping your dose can be a personal challenge for yourself as well as for the team as a whole. First, you need to plan and prepare. This is followed by a technical ascent of a secured route that will take you up to the top, from where you can enjoy beautiful scenic views. However, once on the top, you still have to abseil back down safely.

And as you sit and enjoy a well-deserved chilled evening in the base camp, you can celebrate reaching the summit together.

If you don't dare to climb the "rocky Everest" by ascending the secured route or climbing the rocks, you can enjoy some rope obstacles, a slackline, abseiling or team cross-country skiing.



from April to October, in good weather – when it's not raining



Elbe Sandstone Mountains, Ore Mountains, Bohemian Central Mountains



half a day, full day



participants split into groups of 7–10 people



Czech, English



[www.hotrock.cz](http://www.hotrock.cz), [www.active-point.cz](http://www.active-point.cz), [www.eventtime.cz](http://www.eventtime.cz)

More info: [Ústí Region Convention Bureau](#)



# On scooters through the countryside and the town

Relax, enjoy the countryside, the history of the towns, have a laugh with your colleagues and get some exercise. These are what make group scooter rides so popular.

Once you try a "scooter", you might be surprised how convenient it can be. You get more done than on foot and you'll enjoy more freedom and joy of movement than when riding a bike.

You can spice up each trip with visits to sacred heritage sites, historical buildings, viewpoints, rock formations, small museums and stops at places that will delight your taste buds.



 from spring to autumn

 Bohemian Switzerland National Park, eastern part of the Ore Mountains, Elbe Trail

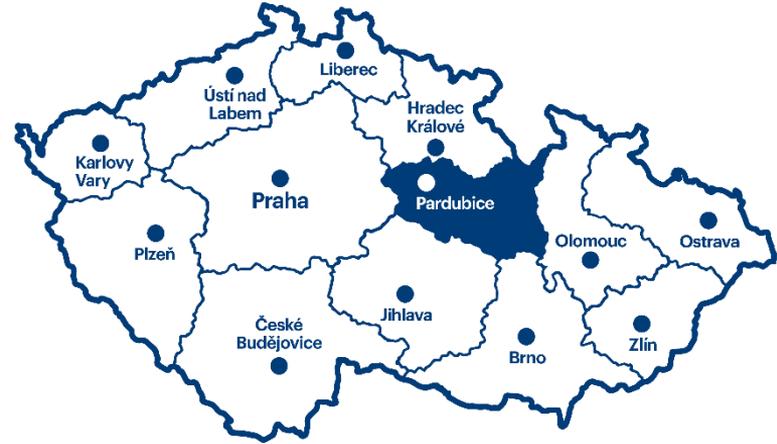
 half a day to a full day

 up to 40 people

 Czech, English, German

 [www.kliny.cz](http://www.kliny.cz), [www.active-point.cz](http://www.active-point.cz), [www.eventtime.cz](http://www.eventtime.cz)

More info: [Ústí Region Convention Bureau](#)



Teambuilding activities

# Pardubice Region

# Test more than just your knowledge at the IQ park

Are you into virtual reality, modern technology and sports simulators? Then the IQ Park at the Pardubice IDEON is just the place for you.

A park you definitely won't get bored in! The complex is packed with interactive attractions that let you test your skills and learn how the state-of-the-art attractions work.

There is also an interactive climbing wall with a projection where you move to control the game elements, and much more. Want to try riding a motorbike or driving a car in virtual reality? Or bet on which member of your team will win the biathlon? Compete in sports disciplines or test your brain in knowledge quizzes.



all year



IQ park IDEON, Jiráskova 1963, 530 02 Pardubice



1 hour to all day



ideal for groups of up to 30 people, individual activities for 1-4 people



Czech



[www.iqparkideon.cz](http://www.iqparkideon.cz)

More info: [East Bohemia Convention Bureau](#)

# Who will be first at the finish line?

Experience the adrenalin of motor racing. The autodrome offers a racing circuit as well as excellent facilities for corporate events. Try racing hired go-karts, or come and take your own vehicles and motorbikes for a ride.

The race circuit in Vysoké Mýto offers exclusive hire of the complex for holding corporate and other social events. Fans of motorised vehicles will be delighted with the opportunity to drive a go-kart, or try driving at racing speeds around the 1,500 m circuit. You can have the race circuit to yourselves and become a race driver for one day.

As well as an adrenaline experience, the complex also offers high-quality facilities in the form of a restaurant with a separate conference room for meetings with business partners or VIP guests. The complex offers arrangement of a tailored programme, including refreshments.



all year round, by arrangement with the operator



Autodrom Vysoké Mýto, Dráby 45, Litomyšlské Předměstí, 566 01 Vysoké Mýto



1 hour to all day



race circuit capacity: 25 cars, 30 motorbikes on the motorbike circuit



Czech



[www.autodromvmyto.cz](http://www.autodromvmyto.cz)

More info: [East Bohemia Convention Bureau](#)



# Teambuilding at Svojanov Castle

**Want to make your corporate event an unforgettable experience? Hold your teambuilding session at Svojanov Castle and treat your employees or business partners to a real blast.**

The Honorata fencing association will prepare a teambuilding programme tailored to suit you. Your team will experience the valour of the knights or the courage of their subjects first hand. The outdoor game includes activities that you choose to suit the focus of your event (team bonding, encouraging competitiveness, fun, adrenalin...). The game more than just fun; it also tests each person's skills, showing who's a natural leader.

The participants are split into groups, with each one overcoming obstacles and completing tasks and challenges. These can involve abseiling from a tower or shooting bows or firearms. You can also compete in logic or observation games. The groups are accompanied the whole time by instructors in period costumes. They cheer on and motivate the teams. The castle also has facilities for meetings and training sessions. The hall in the armourer's house can seat around 60 people; the hunting lounge has a capacity for around 20 people. Accommodation in the castle guest house can also be arranged for smaller groups.



in the season April - October



Svojanov Castle, 569 73 Svojanov 1



depending on the chosen activity and the client's requirements



30 – 300 people, participants will be split into groups



Czech



[www.svojanov.cz](http://www.svojanov.cz)

More info: [East Bohemia Convention Bureau](#)



# Watch out, take cover!

Are you able to fight as one team? You'll soon find out during a game of paintball. The Pardubice region has several different outdoor and indoor arenas.

Paintball Pretorians offers 4 different courses for paintball enthusiasts. You can play in a beautiful natural setting near the rock formations of Toulovcovy maštale or in Doly near Luže, where there's also a western town with a Saloon. If you prefer a more urban environment, try the outdoor arena near Pardubice or the two-story indoor arena in Choceň. There are plenty of great cover spots and obstacles in all of them. It's up to you which strategy to choose.

Parking is available at all the sites; refreshments can be arranged.



indoor arena in Choceň all year round, others in good weather



outdoor arenas: Proseč, Doly u Luže, Pardubice – Hladíkov; indoor arena: Choceň



1 game 30-45 minutes, varies by game and number of participants



Proseč - 30 people, Doly - 50 people, Pardubice Hladíkov - 60 people, Choceň - 50 people



Czech



[www.paintball-pretorians.cz](http://www.paintball-pretorians.cz), [www.paintball-pce.cz](http://www.paintball-pce.cz), [www.paintballchocen.cz](http://www.paintballchocen.cz)

More info: [East Bohemia Convention Bureau](#)



# Up on high

Enjoy views of Pardubice from high up. The rope centre is packed with fun, adventure and relaxation, and also offers great facilities for corporate events.

The rope centre in Pardubice offers a real adrenalin rush. It has an extensive range of obstacles and attractions. There are 11 high rope obstacles for belaying at a height of 9.5 m, a giant Big Swing and a 70 m rope course. The entire site can be hired out for corporate events and parties for up to 250 people. Smoking or grilling meat can be arranged along with refreshments.



April - October



Pardubice Rope Centre, Kunětická 225, Pardubice - Cihelna



2 hours - all day



for climbing, participants are split into smaller groups (5-10 people)



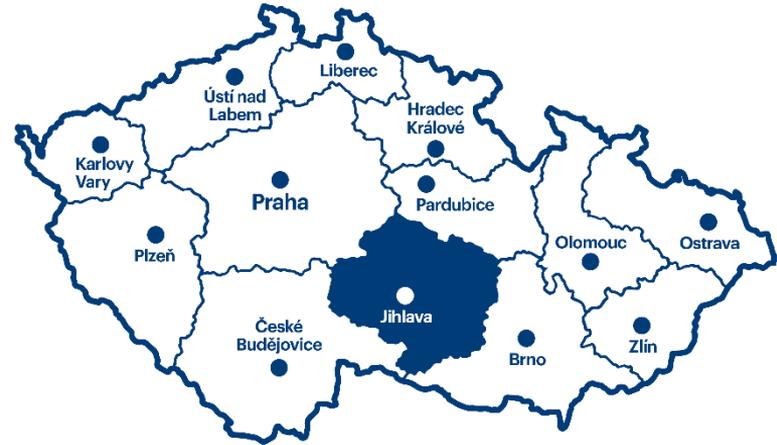
Czech



[www.lanovecentrum-pardubice.cz](http://www.lanovecentrum-pardubice.cz)

More info: [East Bohemia Convention Bureau](#)





Teambuilding activities

# Vysočina Region

# Harmony is the name of the game at Resort Svatá Kateřina

Resort Svatá Kateřina offers a unique combination of wellness and team activities, making it ideal for groups looking to relax and strengthen their team spirit in a calm and inspiring setting. Located in the heart of the Vysočina countryside, the Resort is the perfect refuge, a place where stress melts away faster than ice cream in the July sun.

The wide range of wellness services on offer helps reduce stress and restore team energy. Give free rein to your imagination and enjoy an unforgettable event or teambuilding session with your colleagues. Recoup your energy, relax your body and soothe your soul. And have lots of fun while you're at it. In a place that is inspiring in itself. Picture original Ayurvedic therapies, various yoga classes, massages and relaxing in the wellness centre, but there are also plenty of active leisure opportunities. Nordic walking, horse riding and golf on the driving range, bike rides around the area or meditation in the druids' circle are all popular activities. And the best of all? Everything comes in a convenient package that makes planning a piece of cake. From accommodation, to royal banquets, to endless ways of enjoying every moment.

 all year round (individually depending on activity)

 Resort Svatá Kateřina (Počátky)

 individually

 groups of up to 60 people (activities can be split)

 Czech, English, German

 [www.katerinaresort.cz](http://www.katerinaresort.cz)

More info: [Vysočina Convention Bureau](#)



# Třebíč - the best place for a shared experience

Get ready for some adventure in Třebíč, a town where history comes alive and UNESCO heritage sites are more than just a backdrop! Třebíč is not just a town where you see the sights – it's a place where you become part of the story. Take a stroll through the streets, where every stone whispers stories from the past, and when you go home, you take with you a piece of Třebíč's living history, and not just photos.

This magical package is perfect for anyone who doesn't want to just passively look around, but who craves a real experience. A tour of the St. Procopius Basilica and the rear synagogue are a must. What kind of visit would it be without tasting the local culinary delights? Whether it's kosher wine, fiery Třebíč whisky or the frothy local beer, your taste buds will be in heaven! But wait, that's not all! A dance group will show you how to perform some Jewish dances, and before you know it, you'll be getting down to the beat with the others. And those who like getting creative together can try a course on baking Jewish sweets. So come to Třebíč, a town where history, culture and cuisine combine to make for a unique experience that is ideal for everyone - from small explorers to big adventurers. This is no ordinary visit, but a journey packed with discoveries, flavours and dances that you'll remember forever!



all year



Třebíč



individually (from part of the day to several days)



30 people as standard, but capacity can be increased up to a maximum of 200



Czech, English, German, or an interpreter can be invited



[www.poznejtrebic.cz](http://www.poznejtrebic.cz)

More info: [Vysočina Convention Bureau](#)



# An adrenalin paradise in the heart of Vysočina

Ready yourself for an adventure that will whisk you out of your everyday life and pull you into a whirlwind of adrenalin that can only be found in Vysočina! The valley of the Svratka River will become your personal playground, where nature stars in your story packed with sports, gastronomy and unforgettable moments. Yes, that's Vír (Vortex) - not just a place on the map, but a state of mind!

Forget those humdrum days in the office and bring your colleagues or clients to this magical part of the country, with every event a joyful and exciting experience. Whether you're a dream team or a group of adventurous souls, everyone's sure to have fun at Vír. A large group or a small team? No problem, every group's a star here.

Immerse yourself in a world where every day is an adventure and every experience is original. Továrna Vír is more than just a place – it's a gateway to an adventure that will surpass your wildest expectations. In the Valley of Sport, every activity becomes an unforgettable story. Forget the clichés and stereotypes offered by traditional agencies - here they do corporate events entirely their own way. Simply choose a date and they'll take care of everything else. Get ready for a fun-packed experience that will inspire you to feel alive again. Welcome to Vír - where every day is an adventure waiting to be lived!



all year round (individually depending on activity)



Vír



individually depending on the chosen activity



ideally groups of 30 people, max. 60 (can be split into groups of 20)



Czech, English



[www.adrex.cz](http://www.adrex.cz)

More info: [Vysočina Convention Bureau](#)



# The Wild West in Vysočina

Forget classic teambuilding sessions and set your sights on Šikland! Enjoy a day packed with experiences that will bring you together, cheer you up and perhaps even torment you a little. From cowboy duels to Mafia plots. Your teams will become the heroes of their own adventures, with every game and task designed to strengthen bonds and the team spirit.

There's no chance of getting bored at Šikland. Anyone looking for a bit of an adrenalin rush can try driving a tank or a ride on a quad bike, to add a real twist to your event. As the place is fully kitted out for events of all kinds, you don't have to worry about a thing. From comfortable accommodation, to tasty catering, to unique evening activities, Šikland will make your corporate event a legendary experience. At Šikland, you can choose from numerous themed teambuilding events to turn your event into an unforgettable adventure. Experience the thrill of the Wild West, where you can try your hand at panning for gold, throwing a tomahawk or cracking a whip and dancing the can-can in the evening. For fans of intrigue and mystery, it's the perfect Mafia story - throw a star at a target, solve a detective puzzle and visit a secret bar. If you want to keep in the Vysočina spirit during your teambuilding session, you can learn how to cook potato pancakes and try throwing forks. Each teambuilding is packed with tasks that test your dexterity, logic, team spirit and sense of humour, all accompanied by stylish guides.

 all year round (individually depending on activity)

 Šikland amusement park

 individually

 individually depending on activity, accommodation for up to 303 people, conference space for 700 people, outdoor capacity up to 15,000 people

 Czech, English

 [www.firemniakce-sikland.cz](http://www.firemniakce-sikland.cz)

More info: [Vysočina Convention Bureau](#)



# Teambuilding château-style at Château Herálec

Picture a teambuilding session under the trees in a vast English park and creative workshops held in the historical salons of a château that breathes with stories. Château Herálec offers all this and more - a combination of work and relaxation, where every thought is inspired by nature and every discussion is enriched by the view of a green haven of peace and quiet.

When you need a break, you can treat yourself to a picnic packed with local specialties in the heart of the park, and the wonderful wellness services will add a whole new dimension to your teambuilding afternoons. Immerse yourself in a world of wellness, where the pool in the historical vaults and the sauna are not just places to rest, but a place to strengthen the team spirit and forge deeper bonds with your colleagues. And what would the day be without an evening barbecue in the château courtyard, where the best ideas and plans take shape around the fire? Château Herálec bridges the gap between traditional teambuilding and a luxurious escape into a world where work and relaxation are in perfect harmony. Teambuilding at Château Herálec is not just about work, but about experiencing things together, sharing and discovering fresh potential in teamwork. This great château experience also naturally includes a fantastic restaurant and wonderful cuisine.



all year round (individually depending on activity)



Chateau Herálec Boutique Hotel & Spa by L'Occitane



individually



individually depending on activity, 39 beds and venue for a maximum of 150 people



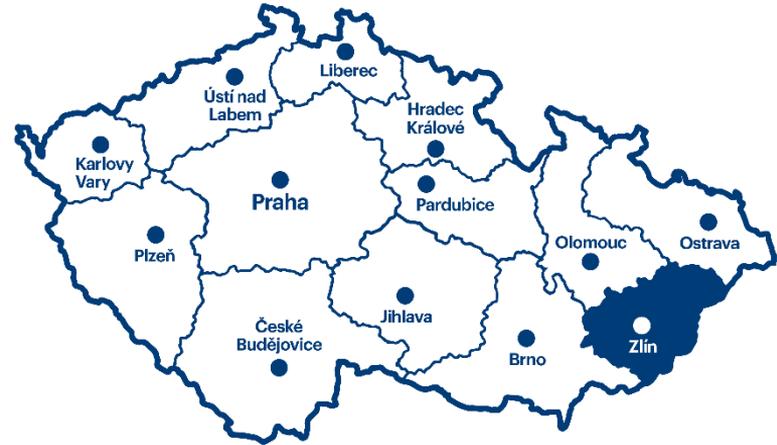
Czech, English, German



[www.chateauheralec.cz](http://www.chateauheralec.cz)

More info: [Vysočina Convention Bureau](#)





Teambuilding activities

# Zlín Region

# Hot-air balloon flight

A unique adventure for up to 24 people high in the clouds. BalonCentrum offers a unique hot-air balloon experience that you won't find anywhere else.

The BalonCentrum Břestek complex is located in the forests of Chřib. The extensive grounds include a log cabin guest house offering accommodation for up to 28 people, and a stylish restaurant with beautiful views. Yet you get the most beautiful views of the surrounding countryside during a flight in a hot-air balloon. Soar up above all your worries and enjoy an unforgettable ride.



all year round



BalonCentrum Břestek guest house, can arrange to take off from other locations, too



1-3 hours (depending on type of flight)



6-24 (depending on balloon size)



Czech, English



[www.balony.eu](http://www.balony.eu)

More info: [East Moravia Convention Bureau](#)



# A tour of TON

Take a special tour of the TON production site, which continues the Thonet furniture tradition that dates back more than 160 years.

The first part of the tour presents the history of the company in the historical Villa Thonet in Bystřice pod Hostýnem, while the second part gives you a look inside the production premises as a guide explains the process from the arrival of the wooden chips, which are then polished, bent and varnished. A technology that has stood the test of time, surrounded by state-of-the-art machinery and countless pairs of hands that leave their many years of experience and own personal mark on the furniture. The sometimes incredible glimpses into how this furniture is made and the stories you take away from TON will give you a complete insight into the origin of some of the most famous chairs in the world.



all year round



Michaela Thoneta 148, 768 61 Bystřice pod Hostýnem



2 hours



30 people

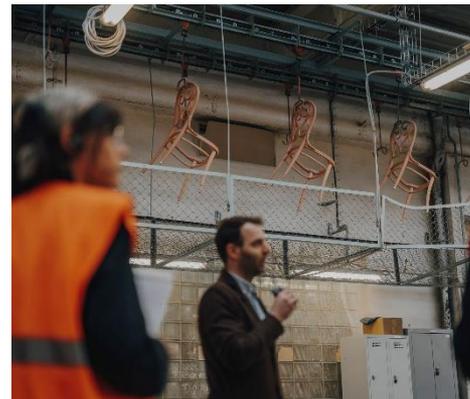


Czech, Slovak, German, English, Polish, French



[www.ton.eu](http://www.ton.eu)

More info: [East Moravia Convention Bureau](#)



Ton, a.s.

# U Rajmunda farm

The U Rajmunda Farmstead is an ideal place for teambuilding and offers a combination of a natural setting, authentic farm and a remote location that is perfect for strengthening teamwork and forging closer bonds.

The farmstead lets you try everyday work on the farm, such as milking, studding, chopping wood, tossing manure or mucking out the farm animals.

The beautiful Wallachian countryside also offers plenty of hiking or cycling options nearby, either to Malý and Velký Javorník, Javorníček, via Příschlop to Velké Karlovice or Na Kasárna. You can take the car for longer trips to Rožnov pod Radhoštěm, Pustevny or, in the summer, go swimming at the nearby "Balaton" in Nový Hrozenkov.

The U Rajmunda Farmstead also offers the opportunity to sit down, relax and tuck into seasonal homemade delicacies: organic products, butcher specialties.



in good weather



U Rajmunda Farmstead, Malé Karlovice 751, Velké Karlovice 756 06



1-3 days



accommodation for 13 people



Czech, English



[www.urajmunda.cz](http://www.urajmunda.cz)

More info: [East Moravia Convention Bureau](#)



# Excursion to the Jelínek distillery

The Rudolf Jelínek distillery offers the opportunity to take a peek behind the scenes and see how their unique fruit distillates are made at the production plant in Vizovice.

A guide will take you through the past and present history of the distillery, which has been producing spirits since 1894 using the same procedures, although with state-of-the-art equipment. You'll find out about the history of the company, take a look at the production premises, and see the places where the spirits are matured and bottled. And at the end you can enjoy a taste of them! In addition to the standard premises, you can also see the places where the fruit is brought in, fermented and distilled or, on a special tour, you'll get to see the plum orchards in Těchlov. Groups of more than 12 people are accompanied outside regular dates after prior reservation.



all year round, excursions to the orchards in May and September



Razov 472, 763 12 Vizovice



70–120 min depending on the type of excursion



maximum of 32 people



Czech, Slovak, English



[www.rudolfjelinek.com](http://www.rudolfjelinek.com)

More info: [East Moravia Convention Bureau](#)



# Space Laser Arena

The Space Laser Arena lets you hold a teambuilding session or company party for up to 40 people, with the entire laser arena closed off for your group alone.

The staff will provide the premises, organise the tournament and handle the catering. After the game, you can take a shower and continue the fun at the bar, in the virtual reality racing chairs or with some gaming on the PlayStation. Any good teambuilding should include plenty of great fun for everyone, friendly competition, good food, plenty of alcoholic drinks, cocktails and other refreshing beverages, as well as room for other entertainment. You can find all this and more at the Space Laser Arena.



all year round



Jateční 523, Zlín



1 hour to all day



up to 40 people



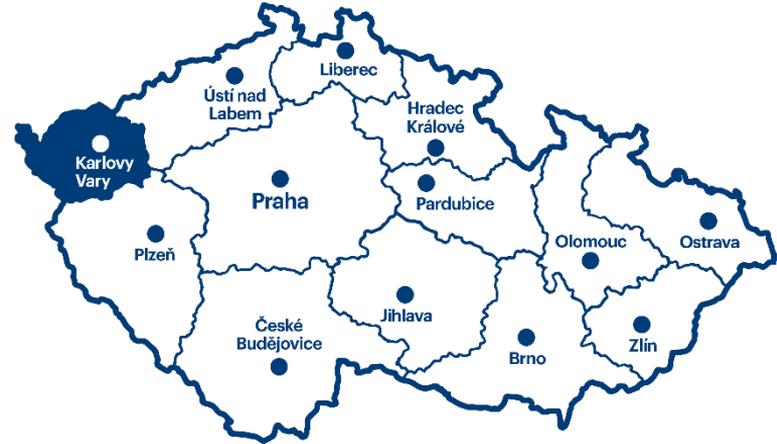
Czech, English



[www.arenaprstne.cz](http://www.arenaprstne.cz)

More info: [East Moravia Convention Bureau](#)





Teambuilding activities

# Karlovy Vary Region

# Discover the Karlovy Vary Region from a different perspective

The Karlovy Vary Region is a popular destination for watersports.

The river Ohře, which rises in the Fichtel Mountains in Germany, where it is called the Eger, offers excellent conditions for rafters. In its upper reaches, the Ohře is a rather calm river; the first rapids start just before Loket and become more frequent until you get to Karlovy Vary.

Besides the extensive range of campsites, rafting equipment hire centres and other necessary services, there are numerous heritage sites, natural attractions and other popular tourist destinations along the banks of the Ohře. The most interesting stretch of the river begins near Sokolov. There, the Ohře flows in an arc around Loket Castle and into the Protected Landscape Area of the Slavkov Forest. There is a romantic stretch by the Svatošské skály rocks, followed up with an adrenalin rush in the rapids at the Hubertus campsite. Groups can row their boat through the picturesque countryside, enjoy some fine cuisine and discover the local sights from a different perspective.



April–May



Ohře River, 9 boatyards



depending on the length of the chosen section



rafts for 4–9 people, canoes for 3–4 people



Czech, English, German



[www.ohre.dronte.cz](http://www.ohre.dronte.cz)

More info: [Carlsbad Convention Bureau](#)



# Nordic walking through a therapeutic landscape

Nordic walking as a way to explore the unique spa landscape is an increasingly popular additional activity in the Karlovy Vary Region.

Spa forests, vast parks, romantic viewpoints, glories, all this and more can accompany your teambuilding event. Groups can enjoy a picnic on the peaks or dine in stylish restaurants.

In just one hour, they'll burn 400 kcal, improve their posture, and increase their physical fitness by 40%. Nordic walking is a very pleasant form of exercise that everyone can do, from youngsters to the elderly. It's basically walking with special sticks. Many people refer to Nordic walking as a "health sport". Only two things are needed: the right shoes and, of course, the right Nordic Walking poles, which can also be hired out for larger groups.



all year



Karlovy Vary, Františkovy Lázně, Mariánské Lázně, Jáchymov....



1-4 hours



up to 50 people



Czech, English, German, Polish



[www.nwkv.cz](http://www.nwkv.cz)

More info: [Carlsbad Convention Bureau](#)



# Marie's gas lagoon with oxygen therapy

One totally unique attraction in the Czech spa industry available for teambuilding clients can be found in Mariánské Lázně.

The procedure, the roots of which date back to 1905, uses a special pool, where guests are immersed waist-deep (clothed) in the natural CO<sub>2</sub> gas that rises from Mary's Spring. It is combined with oxygenotherapy, improving the blood circulation in the whole body and haemoglobin oxygen saturation, and thus has a very beneficial effect on cell regeneration, **slowing down the ageing process (the anti-ageing effect)**. On top of that, the sense of well-being is enhanced by video-projections and other accompanying relaxing effects. This procedure can be booked exclusively at Ensana hotels and nowhere else.



all year



Mariánské Lázně



30 minutes



each procedure is for up to 8 people; participants will be split into groups of 8



Czech, English, German, Russian



[www.ensanahotels.com](http://www.ensanahotels.com)

More info: [Carlsbad Convention Bureau](#)

# Porcelain stop

The visitor centre of the Thun 1794 porcelain factory and the porcelain workshop "Decorating your own product" are gradually becoming a big new hit in the Karlovy Vary region.

Visitors will find themselves in a factory that is one of the largest contemporary porcelain production plants in Central Europe. They will get right to the very heart of the production process, seeing how the kaolin is gradually transformed into unique porcelain products.

The experience is intended for anyone creative-minded who wants to make their own original piece. Clients can give free reign to their imagination and adorn their mug, plate or bowl with all kinds of decorative prints. The porcelain factory gives the general public an entertaining and educational look at the craftsmanship involved in making porcelain.



all year



Nová Role



1.5 to 2 hours



for groups of up to 30 people



Czech, English, German



[www.fabriktour.cz](http://www.fabriktour.cz)

More info: [Carlsbad Convention Bureau](#)



# Treasure Hunt – Karlovy Vary

The Karlovy Vary Treasure Hunt teambuilding game is a modern treasure hunt in the middle of this UNESCO spa town.

The informative route follows in the footsteps of the film festival, including Karlovy Vary's springs and spa colonnades. The teambuilding participants will set off on a more challenging route that takes in viewpoints and lookout towers. Such as the **Deer Jump Lookout**, offering some beautiful views of the town.

Which team will be the first to uncover the spa town's secrets? Who will discover the most interesting facts about **Karlovy Vary**? You'll be looking for treasure in some of the most interesting parts of the town. We invite you to a **treasure hunt** in the town of Becherovka, mineral waters, spa springs and Karlovy Vary spa wafers.

You'll come away with better cooperation and communication skills, after a great **fun-packed** day spent with your colleagues.



all year



Karlovy Vary



2 - 4 hours



from 6 to 200 people



Czech, English, German



[www.hotrock.cz](http://www.hotrock.cz)

More info: [Carlsbad Convention Bureau](#)





Teambuilding activities

# Central Bohemian Region

# A sports competition at Dvůr Všerad

How to bond your team? A sports competition at Dvůr Všerad is a safe bet. Handball, football, soccer tennis, tennis or mini golf? You can do all these sports on the edge of the Bohemian Karst Protected Landscape Area and enjoy a work trip with your colleagues.

The Dvůr Všerad complex has multi-purpose courts with an artificial surface, which are ideal for tournaments in basketball, handball, volleyball, tennis, football and soccer tennis. Anyone not into ball sports can try their hand on the miniature golf course. The site was designed and built in collaboration with a renowned landscape architect as a leisure park with an arboretum, home to some 2,000 plant species. The course has 18 holes and is certified for championship matches.

Dvůr Všerad is ideal for team multi-sport tournaments, with everyone choosing which sport they want to do. The complex also has an Old Bohemian inn with its own microbrewery. Total non-sporty types have the option of visiting the local museum, dedicated to Czech rural life.



in good weather outside the winter season



Všeradice 1, 267 26 Všeradice



by agreement and depending on choice of sport



depends on the chosen sport, but then not everyone has to play at the same time (some can cheer the others on)



Czech, English - basic level



[www.vserad.cz](http://www.vserad.cz)

More info: [Central Bohemia Convention Bureau](#)



# Unique teambuilding? For sure, at the Rückl Glassworks!

Give your team an insight into the unique world of traditional hand-cut crystal and let them make their own together with the master craftsmen at the Rückl glassworks, which dates back to 1846.

You'll delve deep into the secrets of this fascinating craft in the picturesque valley of the Berounka River in the heart of the Krivoklát forests. You'll discover glassmaking procedures that have been tried and tested over the centuries, get an insight into the process and be immersed in the inspiring magic of this purest of crystals.

The glass factory's original indoor and outdoor spaces offer tailor-made private events, which can include a guided tour, and blowing, grinding or painting glass. A tour of the glass factory at night is a truly unique experience. It goes without saying that catering and an accompanying programme are provided, with facilities prepared as requested by the client, including furniture, staffing, video recordings and photographs.



all year round



Lánská 141, 267 05 Nížbor



tour 45 min, workshop min. 2 hours / by arrangement



45 people per tour, larger groups can be split, workshops for 50 people



Czech, English



[www.ruckl.com](http://www.ruckl.com)

More info: [Central Bohemia Convention Bureau](#)

Rückl Glassworks



# Quad bikes – Jestřebice Ranch

One very popular activity at the Jestřebice Ranch is quad biking. The ATVs here are state-of-the-art, reliable and able to cope with challenging terrain. Hop on and go for a thrilling ride to discover the beauty of the ranch and its surroundings.

Race across uneven terrain, drive through forests and fields and enjoy the freedom and thrill of riding a quad bike. Each ride is for a maximum of 5 people plus an escort. You're always accompanied by a trained guide who will show you the basics and lead you along the designated route.

The quad bikes are for adults only.

There's also a small circuit on the ranch itself, where you can have a go at riding a quad bike.



all year round



Ranch Jestřebice, Jestřebice 4, 257 89 Heřmaničky



45 minutes



30 people – 5 people per ride



Czech, English



[www.ranchjestrebice.cz](http://www.ranchjestrebice.cz)

More info: [Central Bohemia Convention Bureau](#)



# Teambuilding at Mlýn Davidkov

The Mlýn Davidkov mill offers various options, from teambuilding and conferences to business meetings. It naturally also offers catering and a bar serving coffee and alcoholic drinks for informal evening entertainment. Its location means Mlýn Davidkov provides perfect privacy - it is situated near the town of Zásmyky in the Kolín region, surrounded by dense forests and meadows. Even so, it is easily accessible from Prague, for example.

One-day and multi-day events can be held at Mlýn Davidkov throughout the year. The entire mill complex can be hired out, with its multi-purpose conference rooms, a sports field and accommodation available in three buildings with 28 rooms for a total of up to 102 people.

In and around the mill there are lots of opportunities for sports, both in summer and throughout the rest of the year. In poor weather, you can use the multi-purpose barn hall, which has table tennis tables, goals for floorball or six-a-side football, or even a net for soccer tennis or lazy tennis. Badminton rackets, various balls and sports equipment are also available for hire.



all year round



Mlýn Davidkov, Hryzely 36, 281 63 Barchovice (near Zásmyk in the Kolín region)



duration



the largest hall has space for 120 people; 28 rooms/102 beds, outdoor barn for 200 people, up to 250 people for company parties



Czech, English



[www.mlyndavidkov.cz](http://www.mlyndavidkov.cz)

More info: [Central Bohemia Convention Bureau](#)



# Watersports on Orlík

**Wakesurfing, wakeboarding or water skiing on the Orlík Reservoir. At Trhovky in the Toulava tourist area you can hire all the equipment you need from the Wake-surf.cz hire centre. The less actively inclined can ride the water on a paddle board.**

Wakesurfing has become a huge hit in recent years, and one of the most popular and enjoyable experiences you can have on the water. It's basically surfing without the effort, where you grip a tow rope on the wake behind a moving boat. This is often called an "endless wave", as it always follows the boat.

The watersports hire centre at Trhovky operates a specially modified boat designed for wakesurfing, wakeboarding and water skiing. This enables you to precisely work with the wave, letting each surfer, boarder or skier create exactly the wave they need. You can also hire out a paddleboard from there.



in the summer season



Wakesurf base, Trhovky Camp, 262 56 Milešov



duration – by arrangement



the boat can hold 12 people, who can alternate between paddleboarding or swimming, for instance



Czech



[www.wake-surf.cz](http://www.wake-surf.cz)

More info: [Central Bohemia Convention Bureau](#)

# Moníneć Activity Park – experiences all year round

**Skiing in the winter, Moníneć Activity Park in the summer. There are lots of biking trails in the vicinity, as well as a bike park with several routes suitable for both experienced bikers and beginners.**

Moníneć is home to the largest and most modern ski resort in Central Bohemia. The microclimate of Czech Siberia, the northern-facing slope and the altitude make Moníneć a unique natural glacier, and state-of-the-art snowmaking facilities mean you can ski here even when people are taking to their bikes elsewhere. When the slope isn't covered with snow, it serves as a bike park. There are several mountain bike tracks right on the slopes, even for less competitive riders.

And on warm days, you can have fun at the Moníneć Activity Park. There are several attractions high up in the trees in the rope park. Or perhaps you'd prefer a giant water slide or some paddleboarding, a ride on a raft or electric boats on the Pílský pond? The hills around and long trails in the area can be easily managed with an electric bike or mountain scooter, which are available for hire there. Just take the cable car to the top of the hill and choose your route. You can also have fun on the tennis and volleyball court right below the Hotel Moníneć. All, of course, with the full range of MICE facilities at the Hotel Moníneć.



all year round



Moníneć Park - Moníneć 7, 257 91 Sedlec-Prčice



depending on the chosen activity



depending on the chosen activity



Czech, English



[www.moninec.cz](http://www.moninec.cz)

More info: [Central Bohemia Convention Bureau](#)





Teambuilding activities

# South Moravia

# EFI – A superior beer experience

A luxury hotel, wellness, a top-class restaurant and... their own microbrewery.

Sound like the ideal combination for a corporate meeting or teambuilding session? Sure it does. You'll find it at the EFI Hotel, not far from the centre of Brno. Arrange a visit to suit you. The congress hall to seat up to 80 people can be used for meetings or training sessions, with state-of-the-art audiovisual technology available for you. The chefs at the EFI Tavern prepare meals using local ingredients as guests look on. For the icing on the cake, try a tour of the brewery and a beer tasting.



all year



nám. 28. října 1903/23, 602 00 Brno-střed



3 hours



groups of 15, accommodation for 70 people



Czech, English



[www.efipivovar.cz](http://www.efipivovar.cz)

More info: [Brno Convention Bureau](#)



# A gastronomic paradise in Moravian Tuscany

## Culinary delights at the SPIELBERG Winery

Experiential cuisine in a beautiful setting. The SPIELBERG Winery now offers cooking courses for the general public, but also on request as a programme for groups. The experiential cooking course is led by none other than Michelin-starred chef Roman Paulus. Round off your event with a tasting, some cimbalom music or any other interesting activities that the winery will be happy to advise you on. The Moravian Slovakian village of Archlebov lies off the main wine routes, so you'll be pampered all the more there.

-  all year
-  Archlebov 406, 696 33 Archlebov
-  2 to 4 hours
-  groups of 10 people
-  Czech, English
-  [www.spielberg.cz](http://www.spielberg.cz)

More info: [Brno Convention Bureau](#)



# A beer spa in the Moravian Karst

Some might still find this a surprising combination: South Moravia and beer.

This hotel with its own brewery in Černá Hora in the Blansko region is a great place for corporate and social events for up to 200 people, and you'll soon discover you that the beer here is just as good as wine. It lets you enjoy the golden nectar with all your senses, as after a good dinner and tasting session, you can treat yourself to some wellness and a beer spa. Doesn't sound bad, right?



all year



nám. U Pivovaru 3, 679 21 Černá Hora



all day



with accommodation - 113 beds, without accommodation - for up to 200 people



Czech, English



[www.hotelsladovna.cz](http://www.hotelsladovna.cz)

More info: [Brno Convention Bureau](#)

# A drop better experience - a wine all-around contest

Does sitting in a wine cellar seem a bit too ordinary? Try a wine all-around contest.

You'll experience wine from the other side, get to taste it, have a great time and also learn something new. You can test your skills against your colleagues in several disciplines that you won't find in the office. Who can shoot down the most starlings or draw the most liquid through the tasting tube? Whoever wins will become a certified Moravian winemaker. You can have your all-around contest at the vineyard itself, at the winery, in your hotel room or at your company's site. However you want it done.

-  in good weather
-  anywhere in South Moravia
-  2 hours
-  up to 200 people (depending on venue)
-  Czech, English
-  [www.wewine.cz](http://www.wewine.cz)

More info: [Brno Convention Bureau](#)



# FabLab - science delivered to your door

Come and try out the state-of-the-art machine shop under the supervision of experienced guides.

Whether you're already somewhat familiar with the world of 3D printers and laser cutters or if it's still all Greek to you, FabLab will broaden everyone's horizons.

You can print your own design on a 3D printer or cut name tags, a logo or perhaps use a laser or vinyl cutter to make some Christmas decorations or jewellery. They can make pretty much anything here and will be happy to let you in on the secrets of their art. They organise regular tours and workshops, and you can even arrange to have the FabLab Experience come and visit you – a truck packed with equipment that can pull up in front of your company or school.

FabLab is a real treat for any curious and playful minds. Let your imagination run wild and use state-of-the-art technology to design a new prototype!

In 2025, FabLab is also planning a unique international conference in Brno and Prague for innovators from all over the world.



all year round



anywhere in South Moravia



3 hours



groups of 15 people



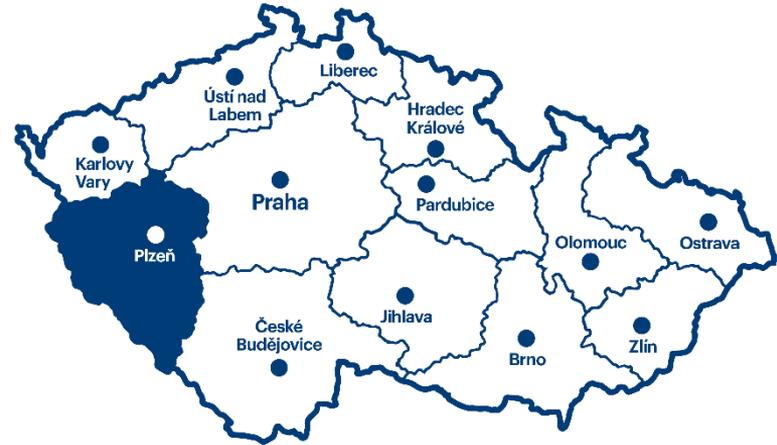
Czech, English



[www.fablabbrno.cz](http://www.fablabbrno.cz)

More info: [Brno Convention Bureau](#)





Teambuilding activities

# Pilsen Region

# Zbiroh Château

Discover a place that was until recently kept top secret, which now offers unique experiential and sports activities in the stylish setting of the château grounds, where the Slav Epic first saw the light of day and where the previous regime spied on military airspace.

The grounds of the charming Zbiroh Château on the border of the Křivoklátsko region and the Brdy forests, covering an area of 60 ha, are rugged and full of natural diversity, making them the perfect place for traditional and unusual outdoor active leisure teambuilding sessions. Get your adrenalin pumping with some archery or axe throwing, compete in a paintball shoot-out or test your accuracy and skill on a laser shooting range.

The Château Gaming and Social Centre, which forms an integral part of the complex, can host a wide range of other activities even in bad weather. Visitors can enjoy some unforgettable moments in this newly renovated gaming paradise. The gents are sure to enjoy the Formula 1 simulator or an air hockey match, while everyone will have a blast on the golf simulator and classic chess or bowling matches.



all year round (outdoor activities in good weather)



Zbiroh Château, 338 08 Zbiroh 1



depending on choice of teambuilding activities



depending on chosen activity (participants will be split into groups)



Czech, English



[www.zbiroh.com](http://www.zbiroh.com)

More info: [Pilsen Region](#)



# Greensgate Golf & Leisure Resort Dýšina

Don't feel like driving a long way from Plzeň and fancy trying something new? Or perhaps you're planning to explore the surroundings of Plzeň from a greater distance, but love peace and quiet?

Visit the Greensgate Golf & Leisure Resort! Just outside Dýšina, less than 10 km from Plzeň and just a few kilometres from the D5 slip road. It's no coincidence that the international Prague-Plzen-Regensburg biking trail also runs nearby.

You might be thinking that all you can do here is play golf and everything ends on the green of the 18th hole, but it's just the opposite. Bring your business closer to nature. Impress your employees and clients. The Greensgate Centre not only gives visitors an introduction to golf, but most of all it offers the beauty of the surrounding countryside and the chance to enjoy leisure-time activities there. There are a wide range of attractive options for your next corporate event! There's really something for everyone here. Golf or beer teambuilding, Olympic Games, army day, rescue teambuilding, shooting a film in one day and much more – the choice is yours.



all year round (selected activities only in summer)



Horomyslická 1, 330 02 Dýšina



length depends on the chosen activity (approx. 1-2 hours)



groups of 10-200 people depending on the type of activity



Czech, English, German



[www.greensgate.cz](http://www.greensgate.cz)

More info: [Pilsen Region](#)



# Zlatá kráva Beer Hotel

The Zlatá kráva Beer Hotel, together with the second hotel, U Zeleného stromu, are an ideal place that offers original accommodation, well-equipped conference facilities, modern cuisine, first-class relaxation, beer themes wherever you look, and plenty of leisure options all come together at one some... need we go on? :)

No teambuilding session or company event should end with formalities. This site has lots of options inside and outside. In this stylish setting you can try a cooking and beer-tapping school, or help to prepare a classic pig slaughter, not to mention bike trips to the traditional location of Švandlík's novel Black barons at Zelená Hora Castle. You can then round everything off by chilling in the local wellness centre or enjoying a unique beer spa. And there's a beer tap in every room!



all year round



nám. Augustina Němejce 69, Nepomuk



depending on the chosen activity



depends on the type of activity, often necessary to split people into groups



Czech, English



[www.zlatakrava.cz](http://www.zlatakrava.cz), [www.pivnihotel.cz](http://www.pivnihotel.cz)

More info: [Pilsen Region](#)



# Offpark Sušice

Countless active leisure experiences in the 'gateway to Šumava'. The nature park on the banks of the Otava, an all-terrain scooter ride down from the lookout tower on Svatobor, rafting on the Otava, paintball or inline skate hire.

The Offpark is the first outdoor leisure centre in Šumava, offering a whole range of sports and experiences with a touch of adrenalin. The experiential activities are concentrated around and organised at the gateway to Šumava, the town of Sušice and its immediate surroundings.

The Offpark outdoor centre offers an organised experience under the guidance and supervision of experts. Outdoor in Šumava is a group event designed as a pleasant and interesting shared experience, a great way of strengthening the team spirit and bonding. Outdoor in Šumava is an event in motion, with a dash of adrenalin, pushing one's boundaries and thrills in the beautiful Šumava countryside. The location is the royal town of Sušice, situated on the gold-rush River Otava.



April to October, November to March by arrangement



Na Fufernách, 342 01 Sušice 1



individual, depending on the chosen activity



depending on the chosen activity (can be split into groups)



Czech, English



[www.offpark.cz](http://www.offpark.cz)

More info: [Pilsen Region](#)



# Resort Český les

Find breathtaking peace and quiet in the heart of nature in the Bohemian Forest.

The resort offers first-class accommodation, catering, teambuilding and conference facilities in the closest possible harmony with nature amidst the natural beauty of the Bohemia Forest.

There are countless footpaths and hiking trails around the resort. Just put on some comfortable shoes or grab your trekking poles and set out to discover the countless beautiful sights this location has to offer. The Bohemian Forest and the Upper Palatine Forest are also perfect for biking. There are some 270 km of biking trails in the region. Even in winter, there's no shortage of fun to be had in this harsh but captivating countryside. There's always plenty to discover on the cross-country trails, or you can enjoy some great skiing on the renowned downhill slopes nearby. The resort has an underground part with a wellness centre and the Kotelna bar, which offers tasting sessions with some great wines, including the full Champagne de Venoge portfolio.



all year round



Železná 37, 345 24 Bělá nad Radbúzou



individual



20-30 people



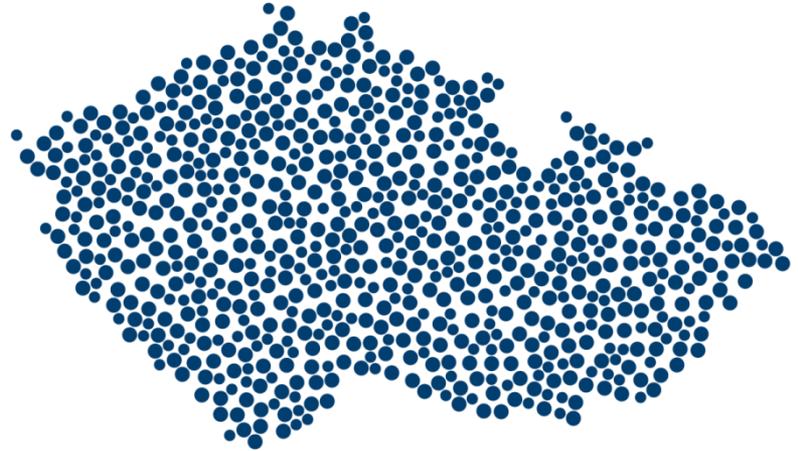
Czech, German, English



[www.resortceskyles.cz](http://www.resortceskyles.cz)

More info: [Pilsen Region](#)





**Next month you can look forward to tips on venues with the largest capacity from each region!**

**Czech Convention Bureau**

[www.czechconvention.com](http://www.czechconvention.com)